

LOST HEART SLIDE

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate

Choreographer: Stella Cabeca

Music: Put Your Heart Into It by Sherrié Austin

TRAVELING BACKWARDS STEP HOLD-STEP HOLD TWIST-TWIST-HOLD

1-2 Step side right on right twisting to right, hold

3-4 Step side left on left twisting to left, hold

5-8 Twist right, twist left, twist right, hold

1-2 Step side left on left twisting to left, hold

3-4 Step side right on right twisting right, hold

5-8 Twist left, twist right, twist left, hold

STEP CLAP TURN $\frac{1}{4}$ CLAP STEP CLAP $\frac{1}{2}$ TURN CLAP $\frac{3}{4}$ LEFT COMPLETE

1-2 Step forward on left, bend forward clap low

3-4 Pivot $\frac{1}{4}$ turn left weight on left, clap up

5-6 Step forward on right, bend forward clap low

7-8 Pivot $\frac{1}{2}$ turn left weight on left, clap up

SHUFFLE-SHUFFLE -WALK-WALK-SHUFFLE

1&2-3&4 Shuffle forward right-left-right, - left-right-left

5-6-7&8 Walk right, walk left, shuffle right-left-right

STEP SLIDE STEP SLIDE SHUFFLE $\frac{1}{4}$ LEFT $\frac{1}{2}$ RIGHT $\frac{1}{4}$ LEFT $\frac{1}{2}$ RIGHT

1-4 Step giant step left on left, drag right together (3 counts)

5-8 Step giant step back on right, drag left together (3 counts)

1&2-3&4 Shuffle $\frac{1}{4}$ turn left left-right-left, shuffle $\frac{1}{2}$ turn right-right-left-right

5-8 Shuffle $\frac{1}{4}$ turn left left-right-left, shuffle $\frac{1}{2}$ turn right-right-left-right

1-4 Step side left, drag right together (3 counts)

5-8 Step giant step back on left, drag right together (3 counts)

1-4 Shuffle $\frac{1}{4}$ turn left on left-right-left, $\frac{1}{2}$ turn shuffle right-right-left-right

5-8 Shuffle $\frac{1}{4}$ turn left on left-right-left, $\frac{1}{2}$ turn right stomp right, stomp left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=e-ID28988