

# Invincible Women

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Terry Rauhihi - Hamilton, NZ (Sept 2013)

**Music:** I Am Woman by Helen Reddy

## Intro: 16 Counts

### TOE SWITCHES, SHUFFLE, HEEL SWITCHES, SHUFFLE

- 1 & 2 &** Point Right To Side (1), Close Right Beside Left (&), Point Left To Side (2), Close Left Beside Right (&)
- 3 & 4** Shuffle Forward Stepping Right (3) - Left (&) - Right (4)
- 5 & 6 &** Tap Left Heel Forward (5), Close Left Beside Right (&), Tap Right Heel Forward (6), Close Right Beside Left (&)
- 7 & 8** Shuffle Forward Stepping Left (7) - Right (&) - Left (8)

### SIDE ROCK - CROSS, SIDE ROCK - ¼ TURN, SIDE - TOGETHER - FORWARD, MAMBO FORWARD

- 1 & 2** Rock Right To Side (1), Recover Onto Left (&), Cross Right Over Left (2)
- 3 & 4** Rock Left To Side (3), Recover Onto Right (&), Making ¼ Turn Right Step Forward On Left (4)
- 5 & 6** Step Right To Side (5), Close Left Beside Right (&), Step Forward On Right (6)
- 7 & 8** Rock Forward On Left (7), Recover Onto Right (&), Close Left Beside Right (8)

### SHUFFLE ½ TURN, MAMBO FORWARD, COASTER, SHUFFLE

- 1 & 2** Making ½ Turn Right Shuffle Forward Stepping Right (1) - Left (&) - Right (2)
- 3 & 4** Rock Forward On Left (3), Recover Onto Right (&), Close Left Beside Right (4)
- 5 & 6** Step Back On Right (5), Close Left Beside Right (&), Step Forward On Right (6)
- 7 & 8** Shuffle Forward Stepping Left (7) - Right (&) - Left (8)

### SIDE - TOGETHER - FORWARD, SIDE - TOGETHER - BACK, SHUFFLE ½ TURN, MAMBO FORWARD

- 1 & 2** Step Right To Side (1), Close Left Beside Right (&), Step Forward On Right (2)
- 3 & 4** Step Left To Side (3), Close Right Beside Left (&), Step Back On Left (4)
- 5 & 6** Making ½ Turn Right Shuffle Forward Stepping Right (5) - Left (&) - Right (6)

**7 & 8** Rock Forward On Left (7), Recover Onto Right (&), Close Left Beside Right (8) (3 O'Clock)

**REPEAT**

**TAG:-**

**On Completion Of Wall 2 There Is A 12 Count Tag (Facing 6 O'Clock)**

**On Completion Of Wall 4 There Is A 12 Count Tag (Facing 12 O'Clock)**

**½ PIVOT - FORWARD, ½ PIVOT - FORWARD, MAMBO FORWARD, MAMBO BACK**

**1 & 2** Step Forward On Right (1), ½ Pivot Left (&), Step Forward On Right (2)

**3 & 4** Step Forward On Left (3), ½ Pivot Right (&), Step Forward On Left (4)

**5 & 6** Rock Forward On Right (5), Recover Onto Left (&), Close Right Beside Left (6)

**7 & 8** Rock Back On Left (7), Recover Onto Right (&), Close Left Beside Right (8)

**SHUFFLE, SHUFFLE**

**1 & 2** Shuffle Forward Stepping Right (1) - Left (&) - Right (2)

**3 & 4** Shuffle Forward Stepping Left (3) - Right (&) - Left (4)

**This Dance Is Dedicated To A Group Of 4 AMAZING Women Who I Like To Call 'The FAB Four' (Ann Lambert, Karen Goodin, Pauline Chidlow & Val Reid) Who I Dance With On Tuesdays & Fridays. You Ladies Each Have AMAZING Personalities & I Enjoy Being In Your Presence On The Dancefloor.**

**Hope You Ladies Enjoy This Dance!!**

**Last Update - 17th May 2014**