

# Kopfweh Shuffle

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Sandra Schuler (October 2016)

**Music:** Heut' Abend hab ich Kopfweh (Neuaufnahme 2000) von Ireen Sheer

**(It Means: Headache Shuffle)**

**Start: after 32 counts**

**Side-Rock, Cross-Shuffle, Side, ¼-Turn R, Shuffle Forw.**

**1, 2RF Rock step to right, Recover weight to LF - 12**

**3&4**            Cross RF over LF, Step on LF to RF, Cross RF over LF

**5, 6LF Step to left, ¼ turn right with RF Step to right - 3**

**7&8LF Step forward, Step on RF beside LF, LF Step forward**

**Rock Step Forw., ½-Tripleturn R, Rock Step Forw., ¼-Turn L With Sailorstep**

**1, 2RF Rock step forward, Recover weight to LF**

**3&4RF Step ¼ side turning right, Step on LF beside RF, RF Step ¼ forward turning right - 9**

**5, 6LF Rock step forward, Recover weight to RF**

**7&8¼ turn left with Cross LF behind RF, RF Step to right, LF small Step forward - 6**

**Rock Step Forw., Shuffle Back, Rock Step Back, Shuffle Forw.**

**1,2RF Rock step forward, Recover weight to LF**

**3&4RF Step back, Step on LF beside RF, RF Step back**

**5, 6LF Rock step back, Recover weight to RF**

**7&8LF Step forward, Step on RF beside LF, LF Step forward**

**¼-Turn L With Side, Slide, Rock Step Back, Side, Touch, Kick-Ball-Cross**

**1, 2¼ turn left with RF long Step to right, Slide LF to RF, - 3**

**3, 4LF Rock step back, Recover weight to RF**

**5, 6LF Step to left, Touch with RF beside LF**

**7&8RF Kick forward, Step on RF beside LF, Cross LF over RF**

**Tag at the End of 2. / 6. / 10. wall (always 6 o'clock):**

**Rocking Chair R**

**1, 2RF Rock step forward, Recover weight to LF**

**3, 4RF Rock step back, Recover weight to LF**

**Sorry, my English is not so good - Tanzbeschreibung gibt es auch auf Deutsch**

**Contact: [sandra.schuler68@gmx.ch](mailto:sandra.schuler68@gmx.ch) - [www.linedancechoreossandraschuler.jimdo.com](http://www.linedancechoreossandraschuler.jimdo.com)**