

CAPITOL RUMBA

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner / Intermediate

Choreographer: Jenny Memmel, TC Capitol Bremerhaven Jan 08)

Music: Like A Virgin by The Cooltrane Quartet (25bpm)

Start with left foot tepped left side, weight on right foot (2nd foot position) Start with vocals

Album: Latinized DJ Choice by Casa Musica (www.casa-musica.de) or other Latin-Rumbas

(1-9) BASIC RUMBA STEP x2

1 change weight to left foot

2 right foot step back

3 left foot step forward

4, 5 point right foot to right side, change weight to right foot

6 step left foot forward

7 right foot step back

8, 1 point left foot to left side, change weight on left side

(10-17) STEP TURN LEFT, SWAY, CROSS STEP, RUMBA BOX BACK

2 ¼ turn left and step right foot forward

3 ½ turn left and step forward on left foot

4, 5 sway with right foot from back to forward, cross right foot over left foot

6 step left foot to left side

7 step right foot next to left foot

8, 1 step left foot back, change weight back on left foot

(18-25) CROSS STEP, RUMBA BOX BACKRUMBA BOX FORWARD, STEPS FORWARD (l, r, l)

2 step right foot to right side

3 step left foot beside right foot

4, 5 step right foot forward, change weight forward on right foot

6 step left foot forward

7 step right foot forward

8, 1 step left foot forward, change weight forward on left foot

(26-32) STEP TURN LEFT, STEP FORWARD, STEP TURN, STEP SIDE

2 step right foot forward

3 ½ turn left an step forward on left foot

4, 5 step right foot forward, change weight forward on right foot

6 step left foot forward

7 ½ turn right and step forward with right foot

8 step left foot to left side

Repeat & have fun ;-)

There are THREE Tags: AFTER 2nd wall (6 o'clock)

AFTER 5th wall (3 o'clock)

AFTER 8th wall (12 o'clock)

(Listen to the music)

BASIC RUMBA STEP x2

1 change weight to left foot

2 right foot step back

3 left foot step forward

4, 5 point right foot to right side, change weight to right foot

6 step left foot forward

7 right foot step back

8, 9 point left foot to left side, change weight on left side (corresponding to Step 1)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=74991