

Life Is A Road

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Count: 56

Wall: 4

Level: Phrased

Choreographer: Kerly Luige

Music: At the Beginning by Donna Lewis and Richard Marx (Anastasia OST)

Sequence: AA BB C ABB C BB BB CC BBC A

Part A: 32 counts

A1: Rock-step-cross, Hold; 3/4 Triple-step, Hold

- 1& Rock right to right side, Recover weight on left
- 2& Step right foot across left, Hold for a count
- 3& Step left back turning $\frac{1}{4}$ to right, Step right forward turning $\frac{1}{4}$ to right
- 4& Step left forward turning $\frac{1}{4}$ to right, Hold for a count

A2: Skate Right, Left, Right, Hold; Left step-lock-step forward, Hold

- 5& Skate right to right side, Skate left to left side
- 6& Skate right to right side, Hold for a count
- 7& Step left forward, Step close with right
- 8& Step left forward, Hold for a count

A3: Rock-step-turn, Hold; Weave to right side

- 1& Rock forward with right, Recover weight on left
- 2& Step right to right side turning $\frac{1}{4}$ to right, Hold for a count
- 3& Step left across right foot, Step right to right side
- 4& Step left behind right foot, Step right to right side

A4: 1+1/2 Triple-step, Hold; Back drag, Back drag

- 5& Step left forward turning $\frac{1}{4}$ to right, Step right forward turning $\frac{1}{2}$ to right
- 6& Step left back turning $\frac{1}{2}$ over right shoulder, Hold for a count
- 7 Step right back, slide left foot next to right
- 8 Step left back, slide right foot next to left

Part B: 16 counts

B1: Rock-step-cross, 3/4 Triple-step; Skate Right, Left, Shuffle forward

- 1&2** Rock right to right side, Recover weight on left, Step right across left foot
- 3&4** Step left back turning $\frac{1}{4}$ to right, Step right forward turning $\frac{1}{4}$ to right Step left forward turning $\frac{1}{4}$ to right
- 5,6** Skate right forward, Skate left forward
- 7&8** Step right forward, Step close with left, Step right forward

B2: Rock-step-turn 1/2, 1/2 Turn-step; 1/2 Ronde, Shuffle forward

- 1&2** Rock left forward, Recover weight on right, Step left forward turning $\frac{1}{2}$ to left
- 3&4** Step right forward, Turn $\frac{1}{2}$ to left leaving weight on left foot, Step right forward
- 5,6** Turn $\frac{1}{2}$ to right on right foot sweeping left to left side and touching next to right foot
- 7&8** Step left forward, Step close with right, Step left forward

Part C: 8 counts

C1: Shuffle forward, 1/2 Turn, Shuffle forward, 1/2 Turn

- 1&2** Step right forward, Step close with left, Step right forward
- 3,4** Step left forward, Turn $\frac{1}{2}$ to right leaving weight on right
- 5&6** Step left forward, Step close with right, Step left forward
- 7,8** Step right forward, Turn $\frac{1}{2}$ to left leaving weight on left

While dancing the last A-part after shuffle forward with right turn $\frac{1}{2}$ or full-turn to left with weight staying on left foot sweeping right to right side

Dancing the A-parts may be a little uncomfortable to follow the rhythm, but just try to let the music guide you.