

# Break My Mind

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**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Connie Nielsen & Dorthe Andersen (DK) Dec 2013

**Music:** Break My Mind by Nathan Carter. Album: The Way That You Love Me

## **Intro: Start dancing on lyrics**

### **Rock forward, Shuffle back, Rock back, Shuffle forward.**

- 1-2      Rock forward on right, Recover on left
- 3&4      Step back on right, Step left beside right, Step back on right
- 5-6      Rock back on left, Recover on right
- 7&8      Step forward on left, Step right beside left, Step forward on left

### **Side rock, Behind ¼ turn step, Rock forward, Coaster cross**

- 1-2      Rock right to right side, Recover on left
- 3&4      Step right behind left, ¼ turn left stepping onto left, Step forward on right
- 5-6      Rock forward on left, Recover on right
- 7&8      Step back on left, Step right beside left, Cross left over right .

### **Side rock, Sailor ¼, Rock forward, Triple full turn**

- 1-2      Rock right to right side, Recover on left
- 3&4      Sweep right behind left, Turn ¼ right stepping left beside right , Step fw on right
- 5-6      Rock forward on left, Recover on right
- 7&8      On the spot turn over left on left, right, left

### **Side rock, Behind side cross, Side together, Chasse ¼ turn**

- 1-2      Rock right to right side, Recover on left
- 3&4      Right behind left, Left to left side, Cross right over left
- 5-6      Step left to left side, Step right beside left
- 7&8      Step left to left side, Step right beside left, Turn ¼ left stepping left forward

### **TAG: After wall 2, wall 4 and wall 5**

**Jazz box**

**1-2** Cross right over left, Step left back

**3-4** Step right to right side, Step forward on left

**Contact: Email [ibco@tdcadsl.dk](mailto:ibco@tdcadsl.dk)**

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