

Lady Of The Sea

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Michael Lynn (Nov 07)

Music: "Lady Of The Sea" by Seth Lakeman

(24 count intro, 130bpm)

CROSS SIDE, HOP HOP HOP, BEHIND SIDE HEEL, BEHIND SIDE HEEL

- 1-2** Cross left over right, step right to right side,
&3&4 Hop left to left side, touch right beside left, hop right to right side, touch left beside right,
& Step left to left side,
5&6 Cross right behind left, step left to left side, dig right heel to right diagonal,
&7&8 Step weight onto right, cross left over right, step right to right side, dig left heel to left diag.

STEP, ROCK RECOVER, 3/4 TRIPLE TURN, TWIST TWIST, STEP TOUCHES

- &1-2** Step weight onto left, rock forward right, recover weight back onto left,
3&4 3/4 triple turn, stepping - right, left, right,
5-6 Twist $\frac{1}{2}$ left, twist, $\frac{1}{2}$ right,
7&8& Step forward right, tap left next to right heel, step left back, tap right toe over left.

RIGHT LOCKSTEP, KICK TWIST HITCH, WEAWE, SWITCHES

- 1&2** Step forward right, lock left behind right, step forward right,
3-4 Kick left foot, twist $\frac{1}{2}$ left & hitch,

RESTART: Restart dance from beginning at this point on Wall 5

- 5&6** Cross left behind right, step right to right side, cross left over right,
7&8& Touch right to right side, step right beside left, touch left to left side, step left beside right.

TOUCH HITCH STEP, STEP PIVOT 1/2, PENGUIN WALKS, HOLD BANG HEELS x2

- 1&2** Touch forward right, hitch right, step forward right,
3-4 Step forward left, pivot $\frac{1}{2}$ turn right,
5&6& Step forward onto left heel, step forward onto right heel, step back left toe, step back right toe,

7&8 Hold count 7, bang both heels together x2 (keeping weight on right).

Begin again.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=74287