

# GET OVER YOU

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**Count:** 48

**Wall:** 2

**Level:** intermediate

**Choreographer:** Marc Michaels

**Music:** Get Over You by Sophie Ellis Bextor

## FORWARD SHUFFLES/FORWARD ROCKS/ $\frac{1}{2}$ TURN SHUFFLE

- 1&2** Step right shuffle forward, right, left, right
- 3&4** Step left shuffle forward left, right, left
- 5-6** Rock forward on right leg, recover on left back
- 7&8** Right  $\frac{1}{2}$  turning shuffle right, left, right

## STEP/CROSS AND POINT/ ROCK FORWARD/ LOCK STEPS BACK

- 1-2** Step left leg, cross over right, point right toe to right side
- 3-4** Step right leg, cross over left, point left toe to left side
- 5-6** Rock forward left, recover on right leg
- 7&8** Go backwards with a left lock step, left, right, left

## ROCK BACK/RECOVER/CROSS OVER, $\frac{1}{2}$ TURN UNWIND/RIGHT, LEFT HEEL TAPS

- 1-2** Rock back on right leg, recover forward on left leg
- 3-4** Cross right leg over left leg, do  $\frac{1}{2}$  turn left, unwind
- 5-6** Step right foot slightly forward, do 2 heel taps
- 7-8** Step left foot forward, do 2 heel taps

## RIGHT BACK SAILOR, LEFT BACK SAILOR/ $\frac{1}{2}$ TURN RIGHT /BODY ROLL

- 1&2** Right back sailor shuffle, right, left, right
- 3&4** Left back sailor shuffle, left, right, left
- 5-6** Point right toe behind left leg, do a  $\frac{1}{2}$  turn going to the right
- 7-8** With right leg slightly forward, do a body roll

## STEP AND SLIDE RIGHT/ STEP AND SLIDE LEFT/ RIGHT SIDE SHUFFLE, LEFT SIDE SHUFFLE

- 1-2** Step right leg to the right side, slide left leg to meet right leg
- 3-4** Step left leg to the left side, slide right leg to meet left leg

**5&6** Shuffle to the right side(right, left, right)

**7&8** Shuffle to the left side (left, right, left)

### **FULL TURN TOE POINTS**

**1-2** Turn  $\frac{1}{4}$  left, point right toe to right side, recover right leg next to left

**3-4** Turn  $\frac{1}{4}$  left, point left toe forward, recover left leg next to right

**5-6** Turn  $\frac{1}{4}$  left, point right toe to right side, recover right leg next to left

**7-8** Turn  $\frac{1}{4}$  left, point left toe forward, recover left leg next to right

### **REPEAT**