

Paralyzed

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Francien Sittrop (Oct. 2011)

Music: Without You – David Guetta feat Usher. Album: Nothing but the Beat

Intro : 32 Counts from the beginning

[1 - 8] Step fwd, Pivot $\frac{1}{2}$ L , Hold, Step fwd, Pivot $\frac{1}{2}$ R , Hold

1 - 2 Step R fwd. Pivot $\frac{1}{2}$ Turn L (06.00)

3 - 4 Step R fwd , Hold

5 - 6 Step L fwd, Pivot $\frac{1}{2}$ Turn R (12.00)

7 - 8 Step L fwd. Hold

[9-16] Cross Rock Recover, $\frac{3}{4}$ Turn R, Shuffle $\frac{1}{2}$ R, Side , Hold

1 - 2 Step R across L, Recover on L

3 - 4 $\frac{1}{4}$ R step R fwd, $\frac{1}{2}$ Turn R step L back,

5 & 6 $\frac{1}{4}$ Turn R step R to R side, Step L next to R, $\frac{1}{4}$ Turn R step R fwd (03.00)

7 - 8 Step L to L side , Hold

[17-24] Together , Side ,Back, $\frac{1}{4}$ R , Hold, Fwd , $\frac{1}{4}$ R , Knee Pop , Hold

&1 - 2 Step R next to L, Step L to L side, Step R back

3 - 4 Turn on Both Heels your both toes $\frac{1}{4}$ Turn R, Hold (06.00)

5 - 6 Step L fwd, Turn on Both Heels your both toes $\frac{1}{4}$ Turn R (09.00)

7 - 8 Pop R knee in, Hold

[25-32] Out Out & Cross, Kick fwd x2 , Out Out & Cross , Scuff , Hitch

&1&2 Step R out, Step L out, Step R in, Step L across R

3 - 4 Kick R twice fwd

&5&6 Step R out, Step L out, Step R in, Step L across R

7 - 8 Scuff R fwd, Hitch R

[33-40] Shuffle fwd., Step fwd, Pivot $\frac{1}{2}$ R, Step fwd, $\frac{1}{2}$ Turn L, $\frac{1}{4}$ Turn L , Hold & Drag

1 & 2 Step R fwd, Step L next to R, Step R fwd

3 - 4 Step L fwd, Pivot ½ Turn R

5 - 6 Step L fwd, ½ Turn L step R back

7 - 8¼ Turn L step L to L side , Hold & Drag R to L (06.00)

[41-48] Ball Cross, Side, Behind Side Cross, Monterey ¼ R , Touch Cross

&1-2 Step R next to L, Step L across R, Step R to R side

3 & 4 Step L behind R , Step R to R side, Step L across R

5 - 6 Touch R to R side, ¼ Turn R step R next to L (09.00)

7 - 8 Touch L to L side, Step L across R

[49-56] Side Rock Recover , Cross Shuffle x2

1 - 2 Rock R to R side, Recover on L

3 & 4 Step R across L , Step L to L side, Step R across L

5 - 6 Rock L to L side, Recover on R (09.00)

7 & 8 Step L across R, Step R to R side, Step L across R *** R***

[57-64] Monterey ½ R , Rock Recover, Full Turn L

1 - 2 Touch R to R side, ½ Turn R and step R next to L (03.00)

3 - 4 Touch L to L side, Step L next to R

5 - 6 Rock R back, Recover on L

7 - 8½ Turn L step R back, ½ Turn L step L fwd (option : 2 Walks fwd)

*****Restarts wall 3 & 6 after count 56 Start again with count1**