

# AIN'T HAD A ROCK IN AGES

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Judith Campbell

**Music:** Ain't Had A Rock In Ages by Becky Hobbs

## STEP FORWARD TAP, STEP BACK KICK, BEHIND SIDE FRONT, HOLD

**1-4** Step forward on right, tap left behind, step back on left, kick right forward towards right corner

**5-8** Step right foot behind left, step left to left, step right foot across in front of left, hold

## DOUBLE HIP BUMPS, ¼ TURN LEFT WITH SIDE TOE STRUT, ¼ TURN LEFT WITH SIDE TOE STRUT

**1-4** Step left slightly forward doing 2 hip bumps with left hip, then 2 hip bumps back with right hip (weight ends on right foot)

**5-8** Turning ¼ to left step left toe to left side, drop heel, turning ¼ to left step right toe to right side, drop heel

## BEHIND SIDE PLACE, BRUSH, STEP TOGETHER STEP, BRUSH

**1-4** Step left foot behind right, step right to right side, step left in place, brush right foot forward

**5-8** Step forward onto right foot, step left next to right, step forward on right, brush left forward

## TOE HEEL TO LEFT SIDE, TOE HEEL TO RIGHT SIDE, TOE HEEL TO CENTER, STOMP, CLAP

**1-4** Step left toe out to left side, drop heel, step right toe out to right side, drop heel

**5-8** Step left toe in to center, drop heel, stomp right foot next to left, clap

## 3 WALKS BACK (RIGHT-LEFT-RIGHT), KICK, 3 WALKS BACK (LEFT-RIGHT-LEFT), KICK

**1-4** Three walks back (right-left-right), kick left foot forward (clicking fingers or clap on the kick)

**5-8** Three walks back (left-right-left), kick right foot forward (clicking fingers or clap on the kick)

## SIDE ROCK, RECOVER, CROSS HOLD, FULL ROLL TO LEFT, HOLD

**1-4** Step/rock to right side, recover onto left, cross right over left, hold

**5-8** Turning ¼ left step forward on left, turning ½ to left step back on right, turning ¼ to left step left to left side, hold

## SIDE ROCK, RECOVER, DOUBLE KICK ACROSS LEFT FOOT (TWICE)

1-4 Step/rock to right side, recover onto left, 2 kicks with right foot across in front of left foot

5-8 Step/rock to right side, recover onto left, 2 kicks with right foot across in front of left foot

### **MONTEREY TURN ½ TO RIGHT, MONTEREY TURN ½ TO RIGHT**

1-4 Touch right toe out to right side, turning ½ to right closing right next to left, touch left foot out to left, close left next to right

5-8 Touch right toe out to right side, turning ½ to right closing right next to left, touch left foot out to left, close left next to right

### **REPEAT**

### **TAG 1**

#### **End of wall 1(facing back)**

1-4 Swivel to right side with (heels, toes, heel, toes)

### **TAG 2**

#### **End of wall 2: (facing front)**

1-12 Swivels to right (heels toes heels toes then do the Monterey turns again)

### **TAG 3**

#### **End of wall 3: (facing back)**

1-4 Swivel to right (heels toes heels toes)

### **FINISH**

**On the last wall (wall 7), finish the dance by doing the toe heel struts out to the left & right side then turn ½ to face the front on the 3rd strut and finish with the stomp**

**Thank you to DJ (Bear) from Auckland for asking me to write a dance to this great track**