

# CANADIAN TRIPLE CHA-CHA

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**Count:** 48

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Tai Tsang

**Music:** De Hombre A Mujer by Donato & Estefano

## SIDE, BACK, FORWARD, RIGHT SHUFFLE

- 1 Step left foot to left side
- 2 Step right foot backward
- 3 Step left foot forward
- 4&5 Step right foot to right side, step left foot beside right foot, step right foot to right side

## FORWARD, BACK, LEFT SHUFFLE

- 6 Step left foot forward
- 7 Step right foot backward
- 8&1 Step left foot to side, step right foot beside left foot, step left foot to left side

## BACK, FORWARD, SHUFFLE FORWARD

- 2 Step right foot backward
- 3 Step left foot forward
- 4&5 Step right foot forward, lock left foot behind right foot, step right foot forward

## FORWARD, BACK, SHUFFLE BACKWARD

- 6 Step left foot forward
- 7 Step right foot backward
- 8&1 Step left foot backward, lock right foot in front of left foot, step left foot backward

## BACK, FORWARD, SHUFFLE FORWARD

- 2 Step right foot backward
- 3 Step left foot forward
- 4&5 Step right foot forward, lock left foot behind right foot, step right foot forward

## FORWARD, ½ SPOT TURN RIGHT, FORWARD, SHUFFLE FORWARD

- 6 Step left foot forward and making a ½ turn right (weight on left foot)

7 Step right foot forward

8&1 Step left foot forward, lock right foot behind left foot, step left foot forward

### **FORWARD AND ½ SPOT TURN LEFT, HIP ROCK**

2 Step right foot forward and making a ½ turn left (weight on right foot)

3 Step left foot forward

4&5 Cross right foot over left, rock hip backward, rock hip forward

### **ROCK, ROCK, ¼ TURN LEFT, SHUFFLE FORWARD**

6 Rock left foot to left

7 Rock right foot to right

**8&1¼ turn right and step left foot forward, lock right foot behind left foot, step left foot forward**

### **FORWARD, ½ SPOT TURN LEFT, FORWARD, SHUFFLE FORWARD**

2 Step right foot forward

**3½ spot turn left and step left foot forward**

4&5 Step right foot forward, lock left foot behind right foot, step right foot forward

### **¼ TURN RIGHT, SHUFFLE TO LEFT, ¼ TURN LEFT, SHUFFLE FORWARD**

**6&7¼ turn right and step left foot to side, step right foot beside left foot, step left foot to side**

**8&1¼ turn left and step right foot forward, lock left foot behind right foot, step right foot forward**

### **FORWARD, ½ SPOT TURN RIGHT, FORWARD, ¼ TURN RIGHT, SHUFFLE TO LEFT**

2 Step left foot forward

**3½ spot turn right and step right foot forward**

**4&5¼ turn right and step left foot to side, step right foot beside left foot, step left foot to side**

### **¼ TURN LEFT, SHUFFLE FORWARD, ¼ TURN RIGHT, SHUFFLE TO LEFT**

**6&7<sup>1</sup>/<sub>4</sub> turn left and step right foot forward, lock left foot behind right foot, step right foot forward**

**8&1<sup>1</sup>/<sub>4</sub> turn right and step left foot to side, step right foot beside left foot, step left foot to side**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=61073](https://www.linedance.com/index.php?f=dance_view&id=61073)