

Goin' Hamm

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Trevor Thornton (USA) August 2014

Music: Crank It Up by Colt Ford

Start: 32 counts in on the words shake them hips....

STEP HIP SWIVEL, COASTER STEP X2

- 1&2** Step fwd on RF, swivel heels right raising R hip, bring heels back center
- 3&4** Step back slightly on RF, step LF next to RF, step fwd on RF
- 5&6** Step fwd on LF, swivel heels left raising your L hip, bring heels back center
- 7&8** Step back slightly on LF, step RF next to LF, step fwd on LF

R ROCK, RCVR, ½ TURN SHUFFLE, L ROCK, RCVR COASTER CROSS

- 1-2** Rock fwd on RF, recover weight to LF
- 3&4½ turn over RT shoulder, stepping fwd on RF, slide LF to RT instep, step fwd on RF**
- 5-6** Rock fwd on LF, recover weight to RF
- 7&8** Step back slightly left, step right next to left, cross left over right

Restart here on wall 4- dance first 16 counts you will be facing 12:00 when you restart.

GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

- 1-4** Step RF to right side, step LF behind RF, step RF to right side, touch L toe next to R
- 5-8¼ turn L step on LF, ½ turn L step back on RF, ¼ turn L step on LF, touch R toe next to L**

TOUCH R FWD, SIDE, SAILOR, TOUCH L FWD, SIDE, SAILOR

- 1-2** Touch R toe fwd, touch R toe to R side
- 3&4** Step RF behind LF, step LF to L side, step RF to R side
- 5-6** Touch L toe fwd, touch L toe to L side
- 7&8** Step LF behind RF, step RF to R side, step LF to left side

TAG: ROCKING CHAIR -After wall 9 FACING 6:00

- 1-4** Rock fwd on RF, recover LF, rock back on RF, recover LF

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=114008