

METAMORPHOSIZED

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: James O. Kellerman

Music: Clown In Your Rodeo by Kathy Mattea

Alt. music: Bubba Hyde by Diamond Rio

STOMP, HOLD, STOMP, HOLD, STOMP, SNAP, SAILOR SHUFFLE:

- 1 Stomp forward on right
- 2 Hold
- 3 Stomp forward on left
- 4 Hold
- 5 Stomp forward on right
- 6 Snap fingers
- 7 Cross step left behind right
- & Step 1/8 turn to the right on right
- 8 Step to left on left (parallel to right foot)

SAILOR SHUFFLES, TWIST, TWIST-TURN, KICK-BALL-CHANGE:

- 9 Cross step right behind left
- & Step to left on left
- 10 Step 1/8 turn to the right on right (completing $\frac{1}{4}$ turn right)
- 11 Cross step left behind right
- & Step to right on right
- 12 Step to left on left (feet shoulder width apart)
- 13 Lift heels off floor and twist body and head 1/8 turn right
- 14 On balls of feet, pivot 3/8 turn left (facing starting wall)
- 15 Kick right foot forward
- & Step ball of right next to left
- 16 Change weight to left

KNEE SHAKES AND HIP ROLLS:

- 17** Touch toes of right to right and push knee to right
& Return knee to center
- 18** Push knee to right
& Return knee to center
- 19** Push knee to right
& Return knee to center
- 20** Return knee to center and shift weight to right foot
- 21** Roll hips to right and over
- 22** Roll hips to left and down
- 23** Roll hips to right and over
- 24** Roll hips to left and down

KICK, TURN, STOMP, STOMP, MONTEREY TURN:

- 25** Kick right foot forward
- 26** Keeping right knee bent, pivot $\frac{1}{4}$ turn left on ball of left
- 27** Stomp right next to left
- 28** Stomp left next to right
- 29** Touch toes of right to the right
- 30** Pivot $\frac{1}{2}$ turn right on ball of left and step right next to left
- 31** Touch toes of left to left side
- 32** Step left next to right

REPEAT

Contact: Kellerman_j@yahoo.com