

# ONE OF THESE DAYS

LINEDANCE.COM

**Count:** 32      **Wall:** 2      **Level:** beginner

**Choreographer:** Colleen Archer

**Music:** One Of These Days by Mitchell Shadlow

- 1-2 Step right forward, step left forward
- 3&4 Right kick ball change (kick right forward, step right beside left, step left beside right)
- 5-6 Step right forward, rock back onto left
- 7&8 Shuffle back stepping right-left-right (12:00)

- 1-2 Step left back to diagonal, touch right beside left and clap
- 3-4 Turn  $\frac{1}{4}$  right and step right to side, touch left beside right and clap
- 5-6 Step left back, step right beside left
- 7-8 Step left forward, scuff right forward beside left (3:00)

- 1-2 Step right forward, step/lock left behind right heel (or step left beside right)
- 3-4 Step right forward, scuff left forward beside right
- 5-6 Touch left heel forward to diagonal, hook left heel up to right shin
- 7-8 Touch left heel forward to diagonal, touch left beside right (3:00)

- 1-2 Step left to side, step cross right behind left
- 3-4 Step left to side, step right beside left (feet are together)
- 5-6 Twist both heels to the left, twist both heels right to center (twist with weight on balls of both feet)
- 7 Twist both heels to the left while turning  $\frac{1}{4}$  right
- 8 Touch right toe back (6:00)

**REPEAT**

## **FINISH**

**Step right forward, step left beside**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=33508](https://www.linedance.com/index.php?f=dance_view&id=33508)