

Naega Jeil Jal Naga

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Aiden Fryer (Nuline UK) Dec 2014

Music: I Am The Best- 2NE1

Side Behind Side Cross Side Rock Back Recover Kick Ball Cross

- 1** Step Right To Right Side
- 2&3-4** Left Foot Behind Right , Right To Right Side ,Cross Left Over Right, Step Right To Right Side
- 5-6** Rock Left Foot Behind Right ,Recover On Right
- 7&8** Kick Left Foot Step Down On Left Cross Right Over Right

Side Behind Side Cross Side Rock Back Recover Shuffle ½

- 1** Step Left To Left Side
- 2&3-4** Step Right Behind Left , Step Left To Left Side , Cross Right Over Left, Step Left To Left Side
- 5-6** Rock Right Behind Left ,Recover On Left
- 7&8** Shuffle ½ Turn Over Left Shoulder Stepping Right Together On Left, Back On Right

Rock Back Recover Shuffle ½ Rock Back Recover Shuffle ½ Rock Back, Recover Full Turn Forward Rock Forward Back Right Coaster Step Rocking Chair On Left Recover On Right

- 1-2** Rock Back On Left Foot, Recover On Right
- 3&4½ Turn Over Right Shoulder Stepping Back Left Together On Right Step Back On Left**
- 5-6** Rock Back On Right Recover On Left
- 7-8** Full Turn ½ Over Left Step Back On Right ½ Over Left Step Forward On Right Foot

(Alternative Walk Left, Walk Right)

Rock Forward, Recover, Right Coaster Step, Rock Forward, Recover, Rock Back, Recover

- 1-2** Rock Forward On Right ,Recover On Left
- 3&4** Right Coaster Step , Stepping Back On Right, Left In Place, Forward On Right
- 5-6-7-8** Rock Forward On Left , Recover On Right , Rock Back Left , Recover On Right

Side Together Left Shuffle Right Side Together Right Shuffle

- 1-2** Step Left To Left Side, Step Right Next To Left
- 3&4** Forward Shuffle On Left , Step Left Forward, Right Next Left, Step Forward On Left
- 5-6** Step Right To Right Side , Left Next To Right
- 7&8** Right Shuffle Forward, Step Right Forward, Left Towards Right, Right Foot Forward

Rock Forward Shuffle ½ Full Turn Step ¼ Left

- 1-2** Rock Forward On Left, Recover On Right
- 3&4** Shuffle ½ Left, Stepping Left Forward, Right Towards Left, Forward On Left
- 5-6½ Over Left, Step Back On Right Foot, ½ Over Left Step Forward On Left**
- 7-8** Step Forward On Right Foot, ¼ Left, Step Left To Left Side

In Front Side Behind Side Cross Side Rock Recover Behind Side Cross

- 1-2** Cross Right Foot Over Left, Left To Left Side ,
- 3&4** Right Foot Behind Left , Left To Left Side , Cross Right Over Left
- 5-6** Rock Left Foot To Left Side , Recover Onto Right Foot
- 7&8** Left Foot Behind Right , Step Right To Right Side , Cross Left Over Right

Side Rock Recover Sailor ¼ Step ¼ Cross Shuffle

- 1-2** Rock Right Out To Right Side, Recover On Left
- 3&4** Sailor ¼ Right Making ¼ Right, Step Right In Place, Step Left Next To Right, Step Forward On Right
- 5-6** Step Forward On Left Make ¼ Right Step Right To Right Side
- 7&8** Cross Shuffle Stepping Left Over Right. Right To Right Side, Cross Left Over Right.

Hope You Enjoy The Dance

Contact: www.aidenfryerdance.moonfruit.com- Aiden Fryer Dance Choreography