

And Just Lay Low

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Pascal Dhorne (Dec 2014)

Music: "Lay low" by Josh Turner (128 bpm)

Count: Start after 32 counts

[1-8] SIDE, BEHIND, STEP WITH ¼ TURN R, STEP L, ¼ TURN R, WALK (X3)

1-2 step right to the right, left behind right

3-4 ¼ turn right, step forward on right, step forward on left

5-6 ¼ turn right on both balls, step forward on left

7-8 Step forward on right, step forward on left

[9-16] ROCK STEP, RECOVER, SHUFFLE BACKWARD WITH ¼ TURN RIGHT CROSS, SIDE, SAILOR WITH ¼ TURN LEFT

1-2 Step right forward, recover weigh on left

3&4 Step right to right side, step left next to right making a ¼ turn right, step right to right side

5-6 Cross left over right, step right to right side.

7&8 Cross L behind R, turn ¼ L stepping R a small step to R side (&), step L to left.

[17-24] CROSS, POINT (TWICE), JAZZ BOX WITH ¼ TURN RIGHT

1-2 Cross right over left, touch left toe to left side

3-4 Cross left over right, touch right toe to right side

5-6 Cross right over left, step back on left,

7-8 step right to right side making a ¼ turn right, step left over right.

[25-32] ROCK STEP, RECOVER, TRIPPLE HALF TURN, STEP, FULL TURN, TOUCH,

1-2 Step forward on right, recover onto left

3-4 Shuffle ½ turn R stepping R, L, R

5-6 Step left forward, make 1/2 turn left stepping back on right,

7-8 make 1/2 turn left stepping forward on left, touch right beside left,

Taglet/Restart: on wall 4 (9h) Replace the sailor $\frac{1}{4}$ turn by $\frac{1}{2}$ turn and Restart after 16 count

Tag: After wall 9: (6 o'clock)

[1-8] STEP TURN $\frac{1}{2}$ LEFT (TWICE)

1-2 Step Right forward, turn $\frac{1}{2}$ left

3-4 Step Right forward, turn $\frac{1}{2}$ left

You're facing 12 o'clock and restart the dance

HAVE FUN

Contact : pdhorne@gmail.com