

# Mama Don't Dance

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**Count:** 48

**Wall:** 4

**Level:** High Beg. - Low Intermediate

**Choreographer:** Doug and Jackie Miranda

**Music:** "Your Mama Don't Dance" by Loggins and Messina (various albums)

**This can either be danced as a high beginner or low intermediate dance; please refer to variations**

## **SET 1 - SIDE TOE STRUTS TO RIGHT SIDE; SIDE ROCK, RECOVER, CROSS, HOLD**

**1-4** Touch R toe to R side, step down on R heel, cross step L toe over R, step L heel down

**5-8** Rock R to R side, recover on L, cross R over L, hold

## **SET 2 - SIDE TOE STRUTS TO LEFT SIDE; SIDE ROCK, RECOVER, CROSS, HOLD**

**1-4** Touch L toe to L side, step down on L heel, cross step R toe over L, step R heel down

**5-8** Rock L to L side, recover on R, cross L over R, hold

## **SET 3 - SIDE MAMBO TO RIGHT, SIDE MAMBO TO LEFT**

**1-4** Rock R to R side, recover on L, step R next to L, hold

**5-8** Rock L to L side, recover on R, step L next to R, hold

**\*(Step variations for Set 3: ½ Turn Monterey 2X; Step Forward, ½ Turn, Hold; Step Forward, ½ Turn, Hold)**

**1-2** Touch R toe to R side, pivot on ball of L and turn ½ turn R as you swing R around and step R next to L with weight on R

**3-4** Touch L toe to L side, step L next to R (weight on L)

**5-8** Repeat steps 1-4 above)

## **SET 4 - MAMBOFORWARD, MAMBO BACK**

**1-4** Rock forward on R, recover back on L, step R next to L, hold

**5-8** Rock back on L, recover forward on R, step L next to R, hold

**\*(Step variations for Set 4: Step Forward, ½ Turn Left, Step Forward, Hold; Step Forward, ½ Turn Right, Step Forward, Hold)**

**1-4** Step forward on R, turn ½ turn L transferring weight to L, step forward on R, hold (weight on R)

**5-8** Step forward on L, turn  $\frac{1}{2}$  turn R transferring weight to R, step forward on L, hold (weight on L)

### **SET 5 - DIAGONAL STEPS FORWARD WITH HOLDS; STEPS BACK WITH HOLDS**

**1-4** Step forward on R at R diagonal, hold; step forward on L at L diagonal, hold (for styling, raise arms and swing them R and L snapping fingers on hold counts 2 & 4)

**5-8** Step back on R, hold; step back on L next to R, hold (for styling, lower arms swinging them R and L, snapping fingers on hold counts 6 & 8)

### **SET 6 - STEP FORWARD, HOLD, $\frac{1}{4}$ TURN LEFT, HOLD, JAZZ BOX**

**1-4** Step forward on R, hold; turn  $\frac{1}{4}$  turn L, hold (weight on L)

**5-8** Jazz box stepping R over L, step back on L, step R to R side, step L next to R

**Start Again!**