

# BE THE MAN

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Brenda Pocock & Gary Steele

**Music:** I'm Gonna Be (500 Miles) by The Proclaimers

## WALK FORWARD AND POINT, WALK BACK AND TOUCH

1-4      Walk forward right, left, right, point left to left side

5-8      Walk back left, right, left, touch right next to left

## MONTEREY ½ RIGHT TWICE

1-2      Point right to right side, make a ½ turn over right shoulder closing right foot

3-4      Point left to left side, close left next to right

5-6      Point right to right side, make a ½ turn over right shoulder closing right foot

7-8      Point left to left side, close left next to right

## POINT CROSS TWICE, RIGHT JAZZ BOX ¼ TURN

1-2      Point right to right side, cross right over left

3-4      Point left to left side, cross left over right

5-8      Cross right over left, step left back making an ¼ right, step right to right side, step forward on left foot

## SIDE ROCK RECOVER, BEHIND-SIDE CROSS TWICE

1-2      Rock right out to right side, recover weight onto left

3&4      Step right behind left, step left to left side, cross right over left

5-6      Rock left out to left side, recover weight onto right

7&8      Step left behind right, step right to right side, cross left over right

## REPEAT

## TAG 1

### At end of wall 7

1-2      Forward rock right, recover onto left

3&4      Right coaster step

**5-6** Forward rock left, recover onto right

**7&8** Left coaster step

## **TAG**

**At end of wall 9 there is an awkward count tag, but it is very simple:**

**1-2** Step right forward, pivot  $\frac{1}{2}$  turn left changing weight onto left

**3-4** Step right forward, pivot  $\frac{1}{2}$  turn left changing weight onto left

**After this part hold for 2 counts then repeat tag 1 again**