

# Charleston Twist

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**Count:** 48      **Wall:** 4      **Level:** Beginner

**Choreographer:** Gabby Parker (March 2016)

**Music:** Shake Your Boogie And Roll by Pete Stothard

## Intro: 24 count

### Sec. 1: Charleston Step x 2

1 - 4      Touch R toe forward, hold. Step back on R, hold

5 - 8      Touch L toe back, hold. Step forward on L, hold

### Sec. 2: Repeat counts 1 - 8

### Sec. 3: Right Lock Step, Step Left. Forward Right Mambo, Step Left Back

1 - 4      Step R forward, lock L behind R, step R Forward, step L forward

5 - 8      Rock R forward, recover to L, step R back, step L back

### Option:-

1-4      Step R forward, lock L behind R, hold

5-8      Rock L forward, recover onto L, step back onto L, hold

### Sec. 4: Right Coaster, Step Left Forward. Step, Turn ½ Left, Step, Step L Forward

1 - 2      Step back on R. Step L next to R

3 - 4      Step forward on R. Step forward on L

5 - 8      Step forward on R, ½ turn L wt to L, step R forward, step forward on L

### Sec. 5: Right Diagonal Lock Step, Hold. Left Diagonal Lock Step, 1/8 Turn L Stepping R To L.

1 - 4      Step R forward, lock L behind R, step R forward, hold (7:30 )

5 - 8      Step L forward, lock R behind left, step L forward (4:30) 1/8 turn L stepping R next to L (3)

### Sec. 6: Swivels Right and Left

1 - 4      Swivel heels to R, swivel toes to R, swivel heels to R, hold

5 - 8      Swivel heels to L, swivel toes to L, swivel heels to L, hold

**Hope you enjoy the dance!**

**Contact: [gabbyparker5@gmail.com](mailto:gabbyparker5@gmail.com)**

**Last Update - 27th June 2016**

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