

HEARTACHE

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Rob McKean

Music: Seven Year Ache by Rosanne Cash

BASIC RUMBA BOX

1-4 Step side left on left, step together onto right, step forward on left, hold

5-8 Step side right on right, step together onto left, step back on right, hold

WALK BACK AND TOUCH, $\frac{1}{4}$ TURNING VINE RIGHT

9-12 Step back on the left, then the right, then the left, touch right toe beside left

13-16 Step side right on the right, cross the left behind, make a $\frac{1}{4}$ turn to the right as you step on the right, scuff the left

SIDE SHUFFLE & ROCK

17&18 Step side left, together on the right, then side left onto the left

19-20 Rock back on the right, recover onto the left

21&22 Step side right, together on the left, then side right onto the right

23-24 Rock back on the left, recover onto the right

WALK FORWARD AND SCUFF, $\frac{1}{2}$ CHASE TURN LEFT

25-28 Walk forward on the left, right, left, then scuff the right forward

29-32 Step forward on the right, make a $\frac{1}{2}$ turn left on the right stepping together on the left, step forward on the right, touch the left beside the right

REPEAT

To make this a more advanced level dance, substitute a full turn left with a touch for beats 9-12, a $1\frac{1}{4}$ rolling vine right with a scuff for beats 13-16, and a full turn right with a scuff for beats 25-28. Feel free to do all or only some of these substitutions.