

LOSE SOME SLEEP (WALTZ)

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Count: 24 **Wall:** 4 **Level:** beginner waltz

Choreographer: Glynn "Applejack" Rodgers

Music: Let's Lose Some Sleep Tonight by Aaron Watson

CROSS TWINKLES

1-3 Cross left over right, step right to right side, step left to place

4-6 Cross right over left, step left to left side, step right to place

BASIC FORWARD, BACK, POINT, HOLD

1-3 Step forward left, close right to left, close left to right

4-6 Step back right, point left to left side, hold

WEAVE, POINTS

1-3 Cross left over right, step right to right side, step left behind right

4-6 Point right toe to right side, forward, right side

JAZZ BOX TURN, ROCK, POINT

1-3 Cross right over left, step back left turning $\frac{1}{4}$ right, step right to right side

4-6 Rock forward left, recover weight onto right, point left to left side

REPEAT