

Ego Trippin'

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Count: 40

Wall: 4

Level: Intermediate

Choreographer: Mad Matty (NL) Nov 08

Music: Buy My Medicine by Snoop Dogg feat Willie Nelson (CD: Ego Trippin)

Sec 1: Step , Step ,Lock, Step, Step ,Behind, Side ,Cross, ½ Turn, ¼ Turn

1 ,2 & RF step forward, LF step forward, RF cross behind LF

3, 4 LF step forward, RF step to right

5&6 LF cross behind RF,RF step to right, LF cross over RF

7,8 RF ½ to right (knee roll) , ¼ turn right LF step out

Sec 2: Behind Side Cross, Mambo Cross , Kickball Step 1/8 , Knee Roll, Rock

1&2 RF cross behind Lf, LF step to left, RF cross over LF

3&4 LF rock to left, LF cross over RF.

5&6 RF kick ,RF step in place, LF step forward (turn 1/8 to right).

7,8 RF roll knee to right, LF rock forward

Sec 3; Recover, Slide Heel, Coaster 1/8 , Step, ½ Turn, Step, Mambo Cross

1,2 RF recover weight, LF bi g step backwards (RF slide heel on the ground)

3&4 RF step back 1/8 turn right, LF step beside RF, RF step forward

5&6 LF step forward, ½ turn right, LF step forward

7& 8 RF rock to right, LF recover, RF cross over LF

Sec 4; Mambo Cross, Sweep, Behind, Heel, Rock Step, Coasterstep.

1&2 LF rock to left, RF recover weight, LF cross behind RF

3&4 RF sweep front step behind LF,LF step to left, RF heel diagonal right.

&5,6 RF recover weight, LF rock forward, RF recover weight

7&8 LF step back, RF step beside, LF step forward.

Sec 5; Step, $\frac{1}{2}$, $\frac{1}{2}$, $\frac{1}{4}$ Side, Sailor, Step, $\frac{1}{2}$, Step

1,2 RF step forward, LF turn $\frac{1}{2}$ left

3,4 RF recover weight $\frac{1}{2}$ turn right, LF step side $\frac{1}{4}$ turn right

5&6 RF behind LF, LF step to side, RF step to side

7&8 LF step forward, Rf $\frac{1}{2}$ turn right, LF step forward

TAG: AFTER wall 1, REPEAT section 5 completely!