

# La Femme Nikita

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Michael Lynn - June 2009

**Music:** "Nikita (5:42)" by Elton John Album: "Greatest Hits"

**(32 count intro, 85bpm)**

## **TOE-HEEL-CROSS-TOUCH, STEP-KICK, RIGHT COASTER STEP, LEFT LOCKSTEP**

- 1&**            Dig right toe to left instep, touch right heel to left instep,  
**2&**            Cross right in front of left, cross touch left behind right,  
**3-4**           Step back left, kick right foot forward,  
**5&6**           Step back right, step together, step forward right,  
**7&8**           Step forward left, lock right behind left, step left forward.

## **FORWARD/BACK TOUCH, TWIST 1/4 RIGHT, FORWARD TOUCH, SIDE TOUCH, TWIST 1/4 LEFT, SIDE SWITCHES**

- 1-2**           Touch right forward, touch right back,  
**3-4**           Twist 1/4 right (transferring weight to right), touch left toe forward,  
**5-6**           Touch left toe to left side, twist 1/4 left,  
**7&8**           Touch left to left side, replace left beside right, touch right to right side.

## **BACK ROCK RECOVER, SYNCOPATED FULL PIVOT TURN, SWEEP, WEAVE RIGHT, STEP-PIVOT 1/4 LEFT**

- 1-2**           Rock back right, recover left,  
**3&4**           Step right forward, pivot 1/2 turn left (keeping weight onto left), step right 1/2 left while sweeping left,  
**5&6**           Continue the sweep to step left behind right, step right to right side, cross left over right,  
**7-8**           Step right to right side, pivot left 1/4 left.

## **FORWARD RIGHT SHUFFLE, STEP-SWEEP, SLOW FULL UNWIND LEFT**

- 1&2**           Step forward right, close left beside right, step forward  
**3-4**           Step forward left, sweep right across left,  
**5-8**           Transfer weight to left, slow unwind left over 4 counts.

## **CHOREOGRAPHER'S NOTE'S**

**Dedication:** This dance is dedicated to Judi Harrington. She asked me to choreograph a dance to an Elton John song for her. The result was "La Femme Nikita", I showed her the dance... her response was "Nikita" is the only Elton John song I don't like... oh well back to the drawing board lol.

## **COUNTRY TRACK**

**Alt Music:** "I Want To Be The One (3:56)" by Lonestar (24 count intro, 79bpm)Album: "I'm Already There"

**Wall 4:** RESTART - dance upto count 8 in Section 1 and restart the dance. Restart will be on your 3 o'clock wall.

**Wall 6:** MINI-TAG - 2 count tag needed. Dance all the way through the dance until the slow unwind, and unwind over 6 counts (instead of 4 counts). Tag will be on your the home wall (12 o'clock).

## **POP TRACK**

**Alt Music:** "Holding Onto You (3:28)" by Liberty X (32 count intro, 87bpm) CD Single: "Holding Onto You" by Liberty X Album: "Thinking It Over" by Liberty X

**No tags or restarts needed.**