

Hey, By The Way

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Count: 40

Wall: 4

Level: Intermediate

Choreographer: Lynn Card and Scott Schrank - Feb. 2016

Music: By The Way by Lindsay Ell (iTunes)

Phrasing: 2 Restarts after 16 counts, 2 restarts after 32 counts

(32-40-16-32-40-16-40-40-32)

Intro:16 Counts (9 Seconds In)

[1-8] KICK & POINT, CROSS, STEP BACK, BACK-LOCK-BACK, TURN, TURN

- 1&2** Kick R foot forward (1), Step R foot next to L foot (&), Point L toes left (2)
- 3-4** Cross step L foot over R foot (3), Step R foot back (4)
- 5&6** Step L foot back (5), Cross step R foot over L foot (&), Step L foot back (6)
- 7-8** Make 1/2 turn right on ball of L foot stepping R foot forward (7), Make 1/4 turn right on ball of R foot stepping L foot left (8) [9:00]

[9-16] RIGHT SAILOR, BEHIND-TURN-STEP, KICK & POINT & POINT-CLAP-CLAP

- 1&2** Step R foot behind L foot (1), Step L foot left (&), Step R foot diagonally right (2)
- 3&4** Step L foot behind R foot (3), Make 1/4 turn right stepping R foot forward (&), Step L foot forward (4), [12:00]
- 5&6&** Kick R foot forward (5), Replace R foot next to L foot (&), Point L toes left (6), Replace L foot next to R foot (&)
- 7&8** Point R toes right (7), Clap twice (&8) [12:00]

(Restart here during 3rd and 6th rotations.)

[17-24] SLIDE HITCH, SIDE STEP, BEHIND-TURN-STEP, KICK-BALL-STEP, PIVOT 1/2

- 1-2** Slide R foot up to right L knee (1), Step R foot right (2)
- 3&4** Step L foot behind R foot (3), Make a 1/4 turn right stepping R foot forward (&) Step L foot forward (4)[3;00]
- 5&6** Kick R foot low and forward (5), Replace R foot next to L foot (&), Step L foot forward (6)
- 7-8** Step R foot forward (7), Pivot 1/2 turn left on balls of feet (8) (Weight the L foot) [9:00]

[25-32] ROCK, RECOVER-BALL-ROCK-RECOVER, SHIMMY BACK, SHIMMY BACK, COASTER STEP

- 1-2&** Press weight forward R foot (1), Recover weight back to L foot (2), Step ball of R foot slightly back (&)
- 3-4** Rock L foot forward (3), Replace weight to R foot (4)
- 5-6** Step L foot back while you shimmy your shoulders (5), Step R foot back while you shimmy your shoulders (6)
- 7&8** Step L foot back (7), Step R foot next to L foot (&) Step L foot forward (8)

[33-40] REPEAT LAST EIGHT COUNTS

Repeat the last 8 counts on rotations 2, 5, 7 and 8

(Hint: This happens every time she sings the lyrics "BY THE WAY")

Start the dance again and enjoy!!!

Big Finish: The last wall starts at 6:00. Dance the whole dance up to the Shimmy Back.

You will be facing the 3:00 wall. In the last set of 8, for counts 5-7:

Step L foot back (5), Step R foot back (6), Make 1/4 turn left stepping L foot left and pose!

**Contacts: Lynn Card lynncard28@gmail.com - Scott Schrank WWW.ScottSchrank.com
sschrank@bellsouth.net**