

# MACARENA SAMBA

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**Count:** —                      **Wall:** 1                      **Level:** intermediate

**Choreographer:** Derrick Goh

**Music:** Macarena (Bayside Boys Mix) by Los Del Rio & Matrix

**Sequence:** Start after 32 counts. AB, AB, BA, B(1-16), TAG, B(17-32), AA, A(1-16)

## INTRO (24 COUNTS): SYNCOPATED FORWARD LOCK-STEP, RIGHT AND LEFT X3

- 1&            Step forward on right, lock left behind right
- 2&            Step forward on right, lock left behind right
- 3&4          Step forward on right, lock left behind right, step forward on right
- 5-8          Repeat counts 1-4 on opposite foot
- 9-16        Make ½ turn right on ball of left and repeat counts 1-8
- 17-24       Repeat counts 9-16

## PART A

### MACARENA MOVEMENTS WITH HIP-SWAY RIGHT AND LEFT

- 1            Extend right arm straight in front with palm facing down, hold
- 2            Extend left arm straight in front with palm facing down, hold
- 3            Turn right hand over with palm facing up, hold
- 4            Turn left hand over with palm facing up, hold
- 5            Touch left shoulder with right hand, hold
- 6            Touch right shoulder with left hand, hold
- 7            Touch back of head with right hand, hold
- 8            Touch back of head with left hand, hold
- 9            Touch right hand in front of left hip, hold
- 10          Touch left hand in front of right hip, hold
- 11          Place right hand behind right hip, hold
- 12          Place left hand behind left hip, hold
- 13-14-15   Sway hips left, right, left
- &16        Make ¼ turn left and jump forward right, left (feet apart)

17-32 Repeat counts 1-16

**Hold onto preceding arm position as you do the next movement**

## **PART B**

### **SAMBA MOVEMENTS, WHISK RIGHT & LEFT, FULL-TURN SPOT VOLTA TO RIGHT (PADDLE-TURN)**

- 1&2** Step right to side, cross left behind right on ball of foot, step right in place
- 3&4** Step left to side, cross right behind left on ball of foot, step left in place
- 5&6** Step right slightly to right, toe turn out, paddle left to left with ball of foot, replace weight to right continuing right turn
- &7&8** Continuing paddle-turn to right completing full-turn

### **WHISK TO LEFT & RIGHT, 1 ¼ TURN SPOT VOLTA TO LEFT (PADDLE-TURN)**

- 9-16** Repeat counts 1-8 on opposite foot

### **STATIONARY SAMBA-WALK RIGHT & LEFT, BOTA FOGOS (SAMBA STEP)**

- 17&18** Step right beside left slightly forward, step left back on ball of foot, draw right back about 3 inches
- 19&20** Step left beside right slightly forward, step right back on ball of foot, draw left back about 3 inches
- 21-24** Repeat counts 17-20
- 25&26** Cross right over left, step left to side on ball of foot, replace weight on right
- 27&28** Cross left over right, step right to side on ball of foot, replace weight on left
- 29-32** Repeat counts 25-28 (turn ¼ left on count 32)

## **TAG**

**Bump left hip and clap hands for 6 counts (dance only once at 9:00 wall)**

## **FINISH**

**For the last "A" sequence 16 counts, turn ½ left (instead of ¼) and jump forward to face front wall (12:00) with hands on back of hips**