

AB Rock

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Count: 16 **Wall:** 1 **Level:** Absolute Beginner

Choreographer: Cati Torrella , Barcelona (Spain)

Music: "Never Loved Before" – Alan Jackson & Martina McBride.

Alt. Music: "Take Me To The River" - Delbert McClinton or any ECS

[1-4]: Right TRIPLE STEP, Left Back ROCK STEP

1RF step to right side

& Step LF beside right

2RF step to right side

3 Rock back on Left Foot

4 Recover weight on RF

[5-8]: Left TRIPLE STEP, Right Back ROCK STEP

1LF step to left side

& Step RF beside left

2LF step to left side

3 Rock back on Right Foot

4recover weight on LF

[9-12]: TRIPLE STEP FORWARD, STEP ½ TURN

1RF Step forward

&LF step beside Right Foot

2RF Step forward

3LF Step forward

4½ Turn to right , change weight on RF

[13-16]: TRIPLE STEP FORWARD, STEP ½ TURN

1LF Step forward

&RF step beside Left Foot

2LF Step forward

3RF Step forward

4¹/₂ turn to left, change weight on LF

START AGAIN