

Cha Lay Low

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Rep Ghazali -Meaney, Scotland (March 2013)

Music: Lay Low by Blake Shelton (107 bpm)

16 count intro, starts on the word "bottle"

[01-08] R ROCK BACK-RECOVER L, R SHUFFLE FWD, L ROCK FWD-RECOVER L, L SHUFFLE ½ TURN

1-2rock back Right, recover on Left

3&4step forward Right, step Left together, step forward Right

5-6rock forward Left, recover on Right

7&8½ turn Left by stepping forward on Left, step Right together, step forward Left (6)

[09-16] R FWD-¼ PIVOT, R CROSS SHUFFLE, L SIDE POINT-L HOOK ¼ TURN L, L SHUFFLE FWD

1-2step forward Right, ¼ pivot turn Left (3)

3&4cross Right over Left, step Left to Left side, cross Right over Left

5-6point Left to Left side, hook on Left making ¼ turn Left (12)

7&8step forward Left, step Right together, step forward Left

RESTART: 5th wall

[17-24] R CROSS-L BACK, R SIDE ROCK-L RECOVER ¼ TURN L, R FWD-½ PIVOT, FULL TURN L

1-2cross Right over Left, step back Left

3-4side rock on Right, recover on Left making ¼ turn Left (9)

5-6step forward Right, ½ pivot turn Left (3)

7-8½ turn Left by stepping back on Right, ½ turn Left by stepping forward on Left

Non Turner: walk forward Right-Left

[25-32] R SHUFFLE FWD, L FWD- $\frac{1}{2}$ PIVOT, L SHUFFLE FWD, R ROCK FWD-RECOVER L

1&2step forward Right, step Left together, step forward Right

3-4step forward Left, step $\frac{1}{2}$ pivot turn Right (9)

5&6step forward Left, step Right together, step forward Left

7-8rock forward Right, recover on Left (9)

RESTART: 5th Wall - DANCE UP TO COUNT 16 AND RESTART FROM FRONT WALL