

# BREATHE IN LIFE

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**Count:** 32      **Wall:** 2      **Level:** beginner/intermediate

**Choreographer:** Lisa Mason

**Music:** Breathe In by Lucie Silvas

## GRAPEVINE RIGHT, KICK BALL CHANGE LEFT TWICE

- 1-4** Step right to right, step left behind right, step right to right, touch left beside right
- 5&6** Traveling to left side, kick left forward, ball change left
- 7&8** Repeat kick ball change

## ROCK TO LEFT RECOVER, CROSS SHUFFLE, TWO HEEL JACKS TURNING ¼ LEFT

- 9-10** Step left to left side, recover weight to right foot, in place
- 11&12** Cross step left over right, step right beside left, cross step left over right
- &13** Beginning turn to left, step diagonally back on right, touch left heel diagonally forward
- &14** Step left into center, touch right beside left
- &15&16** Repeat heel jack, counts &13-&14 to complete ¼ turn to left

## ROCK FORWARD RECOVER, BACK SHUFFLE, ROCK BACK RECOVER FORWARD SHUFFLE

- 17-18** Rock forward onto right foot, recover weight to left in place
- 19&20** Step back onto right, step left beside right, step back right
- 21-22** Step back onto left, recover weight forward to right in place
- 23&24** Step forward onto left, step right beside left, step forward left

## CROSS AND STEP, CROSS AND STEP, POINT, POINT BEHIND UNWIND

- 25&26** Cross step right over left, recover weight to left in place, step right to right side
- 27&28** Repeat counts 25&26 above on left foot
- 29-30** Point right toe forward and to right side
- 31-32** Cross right behind left, no weight, unwind ¾ turn to right, keeping weight on left

## REPEAT