

Just A Man

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Don Pascual (Dec 2012)

Music: I'm Just a Man (The Lennerockers) BPM: 200

Start on vocals (after the intro, 3 counts from the first drum-beat)

Section 1: Step R fwd, touch+clap, step L backward, touch+clap, (flick R+slap, touch) x2

1-4: Step R forward (R diagonal), touch L beside R + clap, L step backward (L diagonal), touch R beside L + clap

5-6: Flick R to the R + slap R foot with R hand, touch R beside L

7-8: Flick R to the R + slap R foot with R hand, touch R beside L

Section 2: Run R, run L, stomp R, stomp L, double knee-pop, double knee-pop

1-4: Runs forward R & L, stomp R beside L, stomp L beside R

5-8: Double knee pop (push knees forward lifting heels, drop heels) x2

Style: On counts 5 and 7, turn your knees outward while pushing them

Section 3: (Step R fwd, hook L + slap behind R, step L backward, hook R + slap) x 2

1-4: Step R forward, hook L + slap behind R, step L backward, hook R across L + slap

5-8: Step R forward, hook L + slap behind R, step L backward, hook R across L + slap

Section 4: Step R fwd, flick L with $\frac{1}{4}$ T to the R, touch L beside R, flick L with $\frac{1}{4}$ T to the R, stomp L fwd, stomp R beside L, swivel

1-2: Step R forward (R diagonal), flick L behind (L diagonal) making a $\frac{1}{4}$ T to the R

3-4: Touch L beside R, flick L behind making a $\frac{1}{4}$ T to the R

5-6: Stomp L forward, stomp R beside L

7-8: Swivel both heels to the R, recover

Have fun with this dance...

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=91610