

# DANCE & SHOUT

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Tom West

**Music:** Dance & Shout by Shaggy

## ROCK, RECOVER, CROSS-CHA-CHA

- 1-2 Rock to right side on right, recover weight on left
- 3&4 Cross right over left, step to left side on left, cross right over left
- 5-6 Rock to left side on left, recover weight on right
- 7&8 Cross left over right, step to right side on right, cross left over right

## SIDE, TOUCH, ¼ TURN, STEP, MODIFIED CUBAN BREAKS

- 9-10 Step to right side on right, touch left toe beside right and clap
- 11-12 Turn ¼ left stepping onto left, stomp on right beside left
- 13&14 Step ball of left to left side, recover weight on right, step ball of left in front of right
- &15&16 Recover weight on right, step ball of left to left side, recover weight on right, step ball of left in front of right

## PROGRESSIVE CUCARACHAS

- 17&18 Rock to right side on right, recover weight on left, cross step right over left (moving forward)
- 19&20 Rock to left side on left, recover weight on right, cross step left over right
- 21&22 Rock to right side on right, recover weight on left, cross step right over left
- 23&24 Rock to left side on left, recover weight on right, cross step left over right

## ROCK, RECOVER, ½ TURN CHA, TURN, TURN, CHA-CHA-CHA

- 25-26 Rock forward on right, recover weight on left
- 27&28 Cha-cha turn ½ right stepping right, left, right
- 29-30 Step forward on ball of left turning ½ right, step forward on ball of right turning ½ right
- 31&32 Cha-cha forward left, right, left

## ROCK, RECOVER, ¾ TURN, CUCARACHA CROSS

- 33-34 Rock to right side on right, recover weight on left turning 1¼ left

- 35-36** Step forward on right, pivot turn 1\2 left (weight forward on left)
- 37&38** Cha-cha forward right, left, right
- 39&40** Rock to left side on left, recover weight on right, cross step left in front of right
- 41-48** Repeat steps 33-40

**REPEAT**

**TAG**

**Used for Extended Play or Dance Mix versions of "DANCE & SHOUT" only**

**At the end of the 4th sequence there is a definite change in the music, finish the sequence, and then for the next 32 beats continue doing steps 33-48. You should end up back at the front wall ready to start again from count 1.**