

LET'S KETCHUP

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Count: — Wall: — Level: —

Choreographer: Dicey

Music: Asereje (The Ketchup Song) by Las Ketchup

Sequence: **ABBB, 4 beat hold, TAG, ABBB, 4 beat hold, A (steps 1-64 only), BBBB**

PART A

RIGHT LOCK STEP, LEFT LOCK STEP, ¼ TURNING RIGHT JAZZ BOX, ¼ TURNING RIGHT, LEFT BACK MAMBO

1-4 Step right forward, close left to right with weight, step right forward, hold

5-8 Step left forward, close right to left with weight, step left forward, hold

9-12 Cross right over left, step back on left making ¼ turn right, step right to right side, hold

13-16 Back rock on left recover weight onto right making ¼ turn right, step left to left side, hold

You should now be in the opposite line, in your partner's position

RIGHT LOCK STEP, LEFT LOCK STEP, ¼ TURNING RIGHT JAZZ BOX, ¼ TURNING RIGHT, LEFT BACK MAMBO

17-32 Repeat steps 1-16

You should now be back in your original starting position

SIDE CLOSE, SIDE TOUCH WITH CLICKS, SIDE CLOSE SIDE TOUCH WITH CLICKS, MONTEREY TURNS (TWICE)

33-36 Step right to right side, close left to right with weight, step right to right side, touch left next to right, hold & click

37-40 Step left to left side, close right to left with weight, step left to left side, touch right next to left hold and click

41-44 Touch right toe to right side pivot ½ turn right, touch left toe to left side replace next to right with weight

45-48 Touch right toe to right side pivot ½ turn right, touch left toe to left side replace next to right with weight

HIP BUMPS (TWICE), RIGHT MAMBO FORWARD, LEFT MAMBO BACK

- 49-52** Step right forward, bumping hips right, left, right & hold
- 53-56** Step left forward, bumping hips left, right, left & hold
- 57-60** Rock forward on right, bring weight back onto left, step right next to left, hold
- 61-64** Rock back on left, bring weight back onto right, step left next to right, hold

STEP TURN STEP WITH HOLD (TWICE), SIDE MAMBO (TWICE)

- 65-68** Step right forward, pivot $\frac{1}{2}$ turn left, step right forward & hold
- 69-72** Step left forward, pivot $\frac{1}{2}$ turn right, step left forward & hold
- 73-76** Rock right to right side, recover weight onto left, replace right next to left with weight, hold
- 77-80** Rock left to left side, recover weight onto right, replace left next to right with weight, hold

PART B

HAND JIVE MOVEMENTS

- 1&2&** Cross right hand over left hand, pull hands apart, cross right hand over left hand, pull hands apart
- 3&4&** Cross left hand over right hand, pull hands apart, cross left hand over right hand, pull hands apart
- 5&6&** Cross right hand over left hand, pull hands apart, cross right hand over left hand, pull hands apart
- 7&8&** Cross left hand over right hand, pull hands apart, cross left hand over right hand, pull hands apart
- 9&10&** Cross right hand over left hand, pull hands apart, cross right hand over left hand, pull hands apart
- 11&12&** Cross left hand over right hand, pull hands apart, cross left hand over right hand, pull hands apart

THUMB HITCHES, HAND SHAKES, KNEE KNOCKS

- 13&** Pretend to hitch a lift with right thumb over right shoulder, bring right arm down thumb pointing to ceiling
- 14&** Repeat 13&
- 15&** Pretend to hitch a lift with left thumb over left shoulder, bring left arm down thumb pointing to ceiling
- 16&** Repeat 15&

- 17-20** Shake hands from shoulders to ceiling (as if shaking water off hands)
- 21-24** Knock knees together four times, while placing right hand on forehead, palm out & left hand on back of head

4 BEAT HOLD

Please note there is a 4 count break, just stand still, holding arms in above position on head

TAG

RIGHT KICK BALL STEPS (TWICE), $\frac{1}{4}$ TURN LEFT STEP PIVOTS (TWICE)

- 1-4** Kick right forward, step on right, step left long stride forward with weight, hold
- 5-8** Repeat 1-4
- 9-12** Step right forward, pivot $\frac{1}{4}$ left, step right forward, pivot $\frac{1}{4}$ left
- 13-24** Repeat steps 1-12