

Mas Y Mas

LINEDANCE.COM

Count: 70

Wall: 2

Level: Beginner / Intermediate

Choreographer: Totoy Pinoy

Music: Mas y Mas by Los Fantasmas del Caribe [CD: Lo Mejor de Los Fantasmas del Caribe] iTunes

Start dancing after 64 counts from first beat

FORWARD ROCK, LOCK CHASSE BACK, BACK ROCK, LOCK CHASSE FORWARD

- 1-2** Rock left forward, recover to right
- 3&4** Locking chassé back left, right, left
- 5-6** Rock right back, recover to left
- 7&8** Locking chassé forward right, left, right

FORWARD ROCK, LOCK CHASSE BACK, BACK ROCK, TURN 1/2 LEFT, BALL STEP

- 1-6** Repeat 1-6, above section
- 7-8** Step right forward and turn 1/2 left, step left toe back

HOP BACK, TURN 1/2 LEFT, BALL STEP, HOP BACK (3X)

- &1-2** Lift left heel hitching right knee, step right back, step left together
- 3-4** Step right forward and turn 1/2 left, step left toe back
- &5-6** Lift left heel hitching right knee, step right back, touch left together
- &7-8** Repeat &5-6
- &9-10** Repeat &1-2

Arm styling for each hop step: palms facing sides, rub flats of hands together across chest, right hand toward back

CROSS-BALL-STEP (RIGHT, LEFT, RIGHT), WEAVE TO RIGHT, CROSS-BALL-STEP (LEFT, RIGHT, LEFT), WEAVE TO LEFT

- 1&2** Cross right over left, step ball of left slightly to left, step right in place
- 3&4** Cross left over right, step ball of right slightly to right, step left in place
- 5&6** Repeat 1&2
- 7-10** Cross left over right, step right to side, cross left behind right, step right to side
- 11-20** Repeat 1-10 with opposite footwork and direction

CROSS-BALL-STEP (RIGHT, LEFT, RIGHT), FORWARD WALKS

- 1-6** Repeat 1-6, above section
7-10 Step forward left, right, left, right

ANGLED FORWARD ROCK-ANGLED BACK ROCK WITH SWAYS (2X), TURN 1/2 RIGHT

- 1-2** Turn body to right diagonal and rock left forward, recover to right
3-4 Turn body to left diagonal and rock left back (hip left), recover to right (hip right)
5-6 Hip left, hip right
7-12 Repeat 1-6
13-14 Square off to wall and step left forward, turn 1/2 right

REPEAT

Choreographer Contact: Rolando.Ansano@gmail.com