

Blue Monday

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Vickie Schermbeck (Feb 2013)

Music: Blue Monday by Delbert McClinton

Alternate for Seniors or Novice: I Believe in You by Don Williams

[1 - 8] Triple fwd, Rock Fwd; Triple Back; Rock Back

- 1&2** Starting on R; triple fwd, R,L,R (count 1&2)
3-4 Rock fwd on L, recover R
5&6 Triple back, L,R,L (Count 5&6)
7-8 Rock back on R, recover L

[9 -16] Chasse R, Rock Back; Chasse. L, Rock Back

- 1&2** Step to the side R, L,R (Count 1&2)
3-4 Rock back L, Recover R
5&6 Step to the side L,R,L (Count 5&6)
7-8 Rock back on R, Recover L

[17 - 24] 2 Jazz Boxes turning 1/4

- 1,2,3** Step R over L, step back on L, Step side on R turning 1/4 R
4 Step L next to R
5-8 Repeat (now facing 6:00)

[25 - 32] Step touches fwd & back

- 1-2** Step R fwd, touch L next to R
3-4 Step L back, touch R next to L
5-6 Step R back, touch L next to R
7-8 Step L fwd, touch R next to L

START OVER

NO TAGS NO RESTARTS

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