

# BOUNCE, BOUNCE, BOUNCE

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Mikael Mölsä

**Music:** Bounce by Bro'sis

## TOUCH, TOUCH, FULL TURN RIGHT, KICK-BALL-TOUCH TWICE

- 1&2&** Touch right toe to side, step right together, touch left toe left, step left together
- 3-4** Turn  $\frac{1}{4}$  to right stepping right foot forward, bring left next to right while turning  $\frac{3}{4}$  to right (that totals a full turn)
- 5&6** Kick right forward, step right next to left, touch left to side
- 7&8** Kick left forward, step left next to right, touch right to side

**Option: you can replace the full turn (counts 3-4) with just a slide to the right(3) and stepping left next to right(4)**

## $\frac{1}{2}$ TURNING FLICK, RIGHT KNEE TWIST, MOONWALKS

- 1&2** Touch right toe forward, turn  $\frac{1}{2}$  to left and flick right back, step right toe forward
- 3&4** Twist right knee out-in-out (while doing this press your body forward) (weight is now on right foot)
- 5** Reaching back with left toe, pull step back to weight left
- 6** Reaching back with right toe, pull step back to weight right
- 7** Reaching back with left toe, pull step back to weight left
- 8** Touch right toe next to left

**Option: Moonwalks can be replaced with either Mashed Potatoes back or just normal steps back**

## ROCK STEP, SIDE, ROCK STEP, SIDE, STEP, TURN, BODY ROLL / SNAKE ROLL

- 1&2** Rock right across left, recover weight on left, step right to side
- 3&4** Rock left across right, recover weight on right, step left to side
- 5-6** Step right forward, turn  $\frac{3}{4}$  to left bringing right foot next to left
- 7-8** Do either a snake roll to left or a body roll on counts 7-8 (weight ends up on left)

**Option: body roll / snake roll can be replaced by two hip bumps to left (weight ends up on left)**

### **FORWARD TRAVELING HEEL JACKS, SYNCOPATED FULL UNWIND**

- 1&2&** Step right across left, step left back, touch right heel diagonal, step weight on right (pump your chest on count 2)
- 3&4&** Step left across right, step right back, touch left heel diagonal, step weight on left (pump your chest on count 4)
- 5** Step right across left
- 6-7-8** Unwind a full turn on counts 6-7-8

**On the heels jacks (counts 1-4&) you should travel forward a little**

**Styling: pausing between steps 6-7-8 makes them look better**

**REPEAT**