

Count: 45

Wall: 4

Level: intermediate/advanced

Choreographer: Craig Cooke

Music: The Way I Mate by The Rednex

STREET WISE RUNNING MAN STEPS

- 1 Jump feet diagonally apart, right foot forward, left foot back
- & Jump feet together hitching left knee
- 2 Jump feet diagonally apart, left foot forward, right foot back
- & Jump feet together hitching right knee
- 3 Jump feet diagonally apart, right foot forward, left foot back
- & Jump feet together (both feet on floor)
- 4 Jump feet diagonally apart, right foot forward, left foot back
- & Jump feet together hitching left knee
- 5 Jump feet diagonally apart, left foot forward, right foot back
- & Jump feet together hitching right knee
- 6 Jump feet diagonally apart, right foot forward, left foot back
- & Jump feet together hitching left knee
- 7 Jump feet diagonally apart, left foot forward, right foot back
- & Jump feet together (both feet on floor)
- 8 Jump feet diagonally apart, left foot forward, right foot back
- & Jump feet together (both on floor) weight on left

ROCK, CHASSE, ROCK, CHASSE, COASTER STEP, CHASSE ¼ TURN

- 1-2 Rock back onto right foot, rock forward onto left foot
- 3&4 Step right to right side, close left besides right, step right to right side
- 5-6 Rock forward onto left foot, rock back onto right foot
- 7&8 Step left to left side, close right besides left, steps left to left side

COASTER STEP, CHASSE ¼ TURN, ½ PIVOT TURN, CHASSE ¼ TURN, ROCK

- 1&2 Step back on right foot, step left besides right, step forward right,

3&4 Step right to right side, close left besides right, step right to the right side making $\frac{1}{4}$ turn to the right

5-6 Step left foot forward make a $\frac{1}{2}$ pivot turn over right shoulder

7&8(Making a $\frac{1}{4}$ turn while chassing)step left to left side, close right besides left step left to left side,

ROCK, STEP $\frac{1}{2}$ TURN, 2X KICK BALL CHANGE

1-2 Rock back onto right foot, rock forward onto left foot

3-4 Step forward on right & pivot $\frac{1}{2}$ over left shoulder

5&6 Kick right foot forward, step back on ball of right, step left besides right

7&8 Kick right foot forward, step back on ball of right, step left besides right

TOE SWITCHES, 2X KICK BALL CHANGES, TOE SWITCHES WITH A $\frac{1}{4}$ TURN

1& Touch right toe out to right side, step right besides left

2& Touch left out to left side, step left besides right

3& Touch right out to right side, step right besides left

4&5 Kick right foot forward, step back on ball of right, step left besides right

&6& Kick right foot forward, step back on ball of right, step left besides right

7& Touch right toe out to right side, step right besides left

8 Touch left out to left side

RIGHT TOE POINT WITH $\frac{1}{4}$ TURN TO RIGHT, 2X KICK BALL CHANGES

&1 Step left besides right, touch right out to right side

& On the right to make a $\frac{1}{4}$ turn to the right side

2&3 Kick right foot forward, step back on ball of right, step left besides right

4&5 Kick right foot forward, step back on ball of right, step left besides right

REPEAT