

Life's About Joy

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Count: 48 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Carl Sullivan – Sydney - August 2017

Music: Life's About To Get Good by Shania Twain - Album: NOW (Deluxe) 3:40 mins

PATTERN: EACH SEQUENCE TURNS ¼ RIGHT

1-2-3&4 Walk fwd L, R, Fwd L Coaster (L fwd, R beside L, Step L back)

5-6 7&8 Walk back R, L, Step R behind L, ¼ L- Step L fwd, Step R fwd - 9:00

1-2 Rock-step L fwd, Replace on R

3&4½ L - Shuffle fwd L-R-L - 3:00

5-6¼ L - Step R to R side, Drag L towards R - 12:00

&7&8 Step L beside R, Cross shuffle R-L-R fwd to L diagonal

1-2 Still on diagonal - Rock-step L fwd, Replace on R

&3-4 Step L beside R, Step R back, Step L back

5-6 Rock-step R back, Replace on L

7&8 Cross Samba (R, L, R) to end up facing R diagonal

1-2 Now facing R diagonal - Rock-step L fwd, Replace on R

&3-4 Step L beside R, Step R fwd, Pivot turn ½ turn L onto L

5-6 Step R fwd on diagonal, Pivot turn 5/8 L onto L - 12:00

7&8 Side shuffle R-L-R- to R

1-2& Rock-step L back & behind R, Replace on R, Small Step L to L

3-4 Rock-step R back & behind L, Replace on L

5&6 Step R to R, Step L beside R, ¼ L Step R back - 9:00

7&8L back Coaster (L, R, L)

1-2& Rock-step R across L, Replace on L, Small Step R to R

3-4& Rock-step L across R, Replace on R, Small Step L to L

5-6 Step R fwd, Pivot ½ turn L onto L - 3:00

7&8 Side Shuffle R-L-R to R side

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[48]

Tag: At the end of Walls 1, 3, 5 Add

1&2L Sailor Step (L, R, L)

3&4R Sailor Step (R, L, R) then start again

Northside Linedancers - www.northsidelinedancers.com

Phone: 9489 2367 Mob: 0424 536 907 - E mail: carl@hotkey.net.au

Last Update - 19th Oct. 2017