

Hello Friday

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Count: 96 **Wall:** 1 **Level:** Phrased Intermediate

Choreographer: Melody Lee (Taiwan) May 2016

Music: Hello Friday by Flo Ria ft. Jason Derulo

Starts After 36 counts.....Seq: B,A,B,A,B(S5,S6,S7,S8),Tag,A,A

A: 32 counts

SA1: Jump,Hold,Soulder Pops

&1 Hop in place with both feet,Jump with the feet shoulder-width apart

2 3 4 Stretch R hand forward

5 6 7&8 Pop your shoulders Left ,Right,Left ,Right,Left

SA2: Jump,Hold,Shoulder Pops

&1 Hop in place with both feet,Jump with the feet shoulder-width apart

2 3 4 Stretch R hand forward

5 6 7&8 Pop your shoulders Left ,Right,Left ,Right,Left

SA3:Slide R Side,Slide L Side

1 2 3 4 Slide to R side on R n two arms wide open

5 6 7 8 Slide to L side on L n Hold yourself tight

SA4:Kick Ball Point,Touch,Touch.Unwind

&1 2 3 4 Kick fwd on R,Step in place with R,Touch L to L side,Hold

5 6 7 8 Touch fwd on L,Touch L side on L,Step L behind R,Unwind full L

B: 64 counts

SB1:Walk,Walk,1/4 Cross & Cross,Side rock,Weave

1 2 Walk R, Walk L

3&4 Turn 1/4 R,Cross R over L,Step L to L side,Cross R over L(3h)

5&6 Rock L to L on L,Recover on R,Cross L over R

&7 8 Step R to R side,Cross L behind R, Step R to R side

SB2:1/4Turn,1/4Turn,Sailor,Coaster,Rock & Turn

- 1 2 Make 1/4 Turn L on L fwd, Make 1/4 Turn on R to R side(9h)
- 3&4 Step L behind R, Step R to R side, Step L to L side
- 5&6 Step R back, Close L next to R, Step R fwd
- 7&8 Rock L forward, Recover on R, Make 1/4 Turn L step L to L side(6h)

SB3:Side rock,Kick ball,Side rock,Kick ball,Rock fwd,1/2Turn,Hitch

- 1&2& Rock R to R side, Recover on L, Kick R fwd, Step R fwd
- 3&4& Rock L to L side, Recover on R, Kick L fwd, Step L fwd
- 5&6 Rock R fwd, Recover on L, Step R back
- 7&8 Touch L behind, Make 1/2 turn L, Hitch L(12h)

SB4:Kick ball,Side rock,Kick ball,Side rock.1/2Turn,Walk,Walk

- 1&2& Kick L fwd, Step L fwd, Rock R to R side, Recover on L
- 3&4& Kick R fwd, Step R fwd, Rock L to L side, Recover on R
- 5 6 Step L fwd, 1/2pivot turn (6h)
- 7 8 Walk L, Walk R

SB5:Push hips to R n sway,Push hips to L n sway

- &1 Close L next to R , Step R to back diagonally
- 2 3 4 Push hip to backward n waggle or sway in your own style
- &5 Cross R next to L , Step L to back diagonally
- 6 7 Push hip to backward n waggle or sway in your own style
- 8 Change weight on R

SB6:Walk Walk Walk Walk Walk Walk Walk ,Rolling body up

- 1234567 Any styling walk
- 8 Roll your body up

SB7:Side,Touchx2,Side,Together.Side,Touch,Side,Behind,1/4,1/4 with Jump

- 1&2& Step R to R side, Touch L next to R, Step L to L side, Touch R next to L
- 3&4& Step R to R side, Step L next to R, Step R to R side, Touch L next to R
- 5 6 Step L to L side, Cross R behind L, Make 1/4 turn L on L fwd(3h)
- 7 8 Make 1/4 turn L on L fwd, Make 1/4 turn jump n raise hands up(12h)

SB8:Side,TouchX2,Side,Together,Side,Touch,Jazz box

1&2& Step L to L side, Touch R next to L, Step R to R side, Touch L next to R

3&4& Step L to L side, Step R next to L, Step L to L side, Touch R next o L

5 6 7 8 Step R to R side, Cross L over R, Step R back diagonal, Step L to L side

Tag: Turn 1/2 L walk walk walk walk R-L-R-L facing 12h

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