

HE CHEATS

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Count: 32

Wall: 4

Level: beginner/intermediate mambo

Choreographer: Linda Jroski

Music: Before He Cheats by Carrie Underwood

1&2 Rock right to side, recover on left, cross right over left
3&4 Rock left to side, recover on right, cross left over right
5&6 Step right to side, cross left behind right, turn $\frac{1}{4}$ right and step right forward
7&8 Step left to side, step right together, step left to side

1&2 Kick right forward, step right together, step left in place
3&4 Step right back, step left together, step right back
5&6 Step left back, step right together, step left forward
7-8 Step right forward, turn $\frac{1}{2}$ left (weight to left)

1-2 Touch right toe to side, cross right behind left
3-4 Touch left toe to side, cross left behind right
5-6 Touch right toe to side, cross right behind left
7&8 Step left forward, step right together, step left forward

1-2 Step right forward, turn $\frac{1}{2}$ left (weight to left)
3&4 Rock right forward, recover on left, step right together
5&6 Rock left forward, recover on right, step left together
7-8 Sway hips right, sway hips left

REPEAT