

# Keep Us Alive

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**Count:** 32

**Wall:** 4

**Level:** High Improver Cha Cha

**Choreographer:** Heather Barton (Scotland) Nov 2014

**Music:** Love Will Keep Us Alive by Eagles. Album: Hell Freezes Over - iTunes

## #32 count intro - No Tags Or Restarts

### [1-8] SIDE STEP RIGHT, ROCK BACK, SHUFFLE $\frac{1}{4}$ Left, STEP $\frac{1}{2}$ Left, STEP TOGETHER, SIDE

1,2,3 Side long step to Right side, rock back Left, recover Right

4&5 $\frac{1}{4}$  turn L stepping Left forward, step Right beside Left, step forward on Left

6,7 Step Right forward,  $\frac{1}{2}$  turn over left shoulder

8&1 step Right to Right side, step Left beside Right, step Right to Right side

### [9-16] CROSS SIDE, BEHIND SIDE CROSS, $\frac{1}{4}$ Left PRISSY WALKS, CROSS ROCK $\frac{1}{4}$ R STEP SIDE

2,3 Cross Left over Right, step Right to Right side,

4&5 Step Left behind Right, step Right to Right side, cross Left over Right

6,7 $\frac{1}{4}$  turn left cross walk Right over Left, cross walk Left over Right

8&1 Cross rock Right over Left, rec on Left,  $\frac{1}{4}$  turn right stepping Right to Right side

### [17-24] SKATE X2, SHUFFLE $\frac{1}{4}$ Left, ROCK REC, TRIPLE 1+1/2 Right, Rock on R

2,3 skate forward Left, skate forward Right

4&5 $\frac{1}{4}$  stepping Left forward, step Right beside Left, step forward on Left

6,7 Rock forward on Right, rec Left

8&1 $\frac{1}{2}$  turn over right shoulder onto R,  $\frac{1}{2}$  turn over right shoulder onto L (travelling back),  $\frac{1}{2}$  turn over rocking forward on right

(Alternative for 8&1....  $\frac{1}{2}$  Turn onto R, walk forward L, Rock R)

### [25-32] ROCK REC, BACK LOCK STEP, $\frac{1}{4}$ turn R SWAY x2, SIDE STEP TOGETHER

2,3 Rec Left, step back on Right

**4&5** Step back Left, cross Right over Left, step back Left

**6,7<sup>1</sup>/<sub>4</sub> turn Right, step onto R & sway Right hip to right side , sway Left hip to left side**

**8&** Step Right to Right side, step Left beside Right

**Start dance again ..... Happy Dancing**

**Note from Heather: My sister Lainy asked me if I would do a nice wee easyish dance to one of her favourite tracks , hope you like it sis xxx**

**Contact: Hcbootleggers26@aol.com**