

ABBREVIATED SYNCOPATED

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Cindy Smith

Music: If You're Going Through Hell by Rodney Atkins

2 TOE TAPS AND STOMP

1&2 Tap right toe twice by middle of left, stomp right in place

3&4 Tap left toe twice by middle of right, stomp left in place

RIGHT HEEL JACK, HITCH RIGHT KNEE AND SLAP, TOUCH RIGHT HEEL

5& Tap right heel forward, step right by left

6& Tap left heel forward, step left by right

7&8 Tap right heel forward, hitch right knee and slap, tap right heel forward

RIGHT AND LEFT SHUFFLES BACK

1&2 Step back on right, slide left by right, step back on right

3&4 Step back on left, slide right by left, step back on left

RIGHT AND LEFT SAILOR STEPS

5&6 Swing right behind left, step left to left, step right by left

7&8 Swing left behind right, step right to right, step left by right

RIGHT SHUFFLE FORWARD, LEFT COASTER, RIGHT SHUFFLE BACK, LEFT COASTER

1&2 Step forward on right, slide left by right, step forward on right

3&4 Step left forward, step right beside left, step back on left

5&6 Step back on right, slide left by right, step back on right

7&8 Step back on left, step right beside left, step forward on right

FORWARD SHUFFLE, SHUFFLE WITH $\frac{1}{4}$ TURN RIGHT, SHUFFLE WITH $\frac{3}{4}$ TURN RIGHT, SHUFFLE WITH $\frac{1}{4}$ TURN RIGHT

1&2 Step right forward, slide left beside right, step forward right

3&4 Step left forward starting $\frac{1}{4}$ turn right, step right beside left, left beside right

5&6 Swing right behind left making $\frac{1}{2}$ turn right, step left beside right, make $\frac{1}{4}$ turn right with right

7&8 Step left forward starting $\frac{1}{4}$ turn right, step right beside left, left beside right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=65669