

# FOR ME AND YOU

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**Count:** 32      **Wall:** 4      **Level:** beginner

**Choreographer:** Helen Harris

**Music:** This Is Not A Love Song by Runrig

## ROCK AND ½ TURN RIGHT, STEPS

1-2      Rock forward right, regain on left

3-4      Rock back right, regain on left

## 5½ turn over right shoulder, stepping back on right

6      Step back on left

7      Step back on right

8      Step forward left

## ROCK, ½ TURN, STEP, VINE RIGHT

9-10      Rock forward right, regain left

## 11½ turn over right shoulder, stepping forward on right

12      Step left next to right

13-16      Step right to right, left behind, right to side, slide left next to right

## VINE LEFT, STEP, SLIDE, STEP, TOUCH

17-20      Step left to left, right behind, left to side, slide right next to left

21-24      Step right foot forward (45 degrees to right), slide left foot together, step forward right, touch left next to right

## BACK STEP, SLIDE, STEP, TOUCH, ROCK, ¼ TURN, HOLD

25-28      Step back left (45 degrees to left), slide right foot together, step back left, touch right next to left

29-30      Rock back on right, regain on left

31      Step forward right, pivot ¼ turn left, placing weight on left foot

32      Hold

## REPEAT