

# Body Rock

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** James (DJ at the Brandin' Iron)

**Music:** They Don't Care About Us by Michael Jackson

## 32 count intro after the music starts

### SECTION 1: TOUCH OUT, IN, OUT, TOGETHER, TOUCH OUT, IN, OUT, TOGETHER, HEEL SWITCHES x4

- 1&2&** Touch right toe to right, touch right next to left, point right toe to right, step right next to left
- 3&4&** Touch left toe to left, touch left next to right, point left toe to left, step left next to right
- 5&6&** Touch right heel forward, step right next to left, touch left heel forward, step left next to right
- 7&8&** Touch right heel forward, step right next to left, touch left heel forward, step left next to right

### SECTION 2: HEEL/CLAP & HEEL/CLAP, HEEL SWITCHES x3

- 1-2&** Touch right heel fwd, hold/clap, step right next to left
- 3-4&** Touch left heel fwd, hold/clap, step left next to right
- 5&6&** Touch right heel forward, step right next to left, touch left heel forward, step left next to right
- 7&8** Touch right heel forward, step right next to left, touch left heel forward

### SECTION 3: BACK 1/4, CROSS, SIDE, CROSS, SIDE POINT, CROSS, SIDE POINT, CROSS UNWIND 1/2

**&1-2-3-4&(step left back turning 1/4 right), cross right over left, step left to left, Cross right over left, Point left to left**

- 5-6** Cross left over right, Point right to right
- 7-8** Cross right over left, Unwind 1/2 left weight to left

### SECTION 4: FORWARD DIAGONAL STEP TOCHES x4

- 1-2** Step right diagonally forward, touch left next to right
- 3-4** Step left diagonally forward, touch right next to left

**5-6** Step right diagonally forward, touch left next to right

**7-8** Step left diagonally forward, touch right next to left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=82224](https://www.linedance.com/index.php?f=dance_view&id=82224)