

CAN'T HIDE

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Lana Harvey Wilson

Music: You Can't Break The Fall by Joe Nichols

SIDE, HOLD, BALL-CHANGE, CROSS ROCK, RECOVER, ¼ TURN, FORWARD SHUFFLE

- 1-2** Step right to right, hold
- &3-4** Step ball of left next to right, step right to right, cross step left over right
- 5-6** Step back on right, turning ¼ left, step left forward
- 7&8** Shuffle forward right-left-right

FORWARD, HOLD, TOUCH, CROSS BEHIND, TOUCH, CROSS BEHIND, HIP BUMPS

- 9-10** Step forward left, hold
- 11-12** Touch right to right, cross step right behind left
- 13-14** Touch left to left, cross step left behind right
- 15-16** Step right to right as you bump hips right twice

Option on 16: step right to right, hold - or - right shuffle right-left-right

SIDE SHUFFLE, ¼ BACK SHUFFLE, ¼ FORWARD SHUFFLE, FORWARD ROCK, RECOVER

- 17&18** Shuffle left-right-left to left
- 19&20** Shuffle back right-left-right turning ¼ right
- 21&22** Shuffle forward left-right-left turning ¼ right
- 23-24** Rock forward right, recover back on left

BACK ROCK, HOLD, RECOVER, CLOSE, SLIDE OUT, HOLD, ¼ TURN CLOSE, HOLD

- 25-26** Rock back on right on right lifting left heel, hold
- 27-28** Push off forward on ball of right shifting weight to left and drop left heel, step right next to left
- 29-30** Slide left toe out to left weight staying on right, hold
- 31-32** Turn ¼ left on ball of right and slide left next to right taking weight, hold

CROSS, SIDE, BEHIND, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

- 33-36** Cross right over left, step left to left, step right behind left, step left to left rocking weight onto it
- 37-40** Recover weight on right, step left behind right, step right to right, step left in front of right

SIDE, CLOSE, FORWARD, HOLD, ½ TURN, HOLD, FORWARD SHUFFLE

- 41-42** Step right to right, slide left next to right putting weight on it
- 43-44** Step forward right, hold
- 45-46** Turn ½ left on balls of both feet, hold
- 47&48** Shuffle forward right-left-right

STEP, BRUSH ACROSS, CROSS STRUT, BACK STRUTS

- 49-50** Step left forward, brush right across left
- 51-52** Cross right over left stepping down of ball of right, drop right heel taking weight
- 53-54** Step back on left toe, drop left heel taking weight
- 55-56** Step back on right toe, drop right heel taking weight

SLOW COASTER, HOLD, HEEL & HEEL, BALL-STEP, STEP

- 57-60** Step back on left, step right next to left, step left forward, hold
- 61&** Touch right heel forward, step right next to left
- 62&** Touch left heel forward, step left next to right
- 63-64** Step forward right, step forward left

REPEAT

TAG

After 4th full pattern:

- 1-4** Step right to right, drag left to right for 2 counts, touch left next to right
- 5-8** Step left to left, drag right to left for 2 counts, touch right next to left

OPTIONAL BUT FUN ENDING

Music ends at count 29 of 6th pattern. Leave left toe touching left for 30-31-32. Then slowly slide left behind right over 4 counts and do slow unwind ¾ left to face front again, weight on left and hold.