

La Cintura

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Ann-Kristin Sandberg (Norway) June 2018

Music: "La Cintura" By Alvaro Soler (3,25) iTunes

INTRO: 16 Counts

Mambo steps-Side-Together-Chasse

- 1&2** Step R forw, Recover onto L, Step R next to L
- 3&4** Step L backw, Recover onto R, Step L next to R
- 5-6** Step R to R side, Step L next to R
- 7&8** Step R to R side, Step L next to R, Step R to R side

Mambo steps-Side-Together- Chasse with ¼ turn L

- 1&2** Step L forw, Recover onto R, Step L next to R
- 3&4** Step R backw, Recover onto L, Step R next to L
- 5-6** Step L to L side, Step R next to L
- 7&8** Step L to L side, Step R next to L, ¼ turn L stepping L forw (F09)

Paddle turn ¼ turn L-Shuffle-Paddle turn ¼ turn R-Shuffle

- 1-2** Point R out to R side, ¼ turn L pointing R to R side (F06)
- 3&4** Step R forw, Step L next to R, Step R forw
- 5-6** Point L out to L side, ¼ turn R pointing L to L side (F09)
- 7&8** Step L forw, Step R next to L, Step L forw

Mambo steps-Step-Pivot ¼ turn L-Step-Pivot ¼ turn L

- 1&2** Step R forw, Recover onto L, Step R next to L
- 3&4** Step L backw, Recover onto R, Step L next to R
- 5-6** Step R forw, Pivot ¼ turn L (F06)
- 7-8** Step R forw, Pivot ¼ turn L (F03)

***1 easy Restart : Wall 9 Facing 12: Dance the first 4 count & start again.**

ENJOY & HAPPY DANCING!

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=126080