

# LAID BACK

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**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Helen O'Neill

**Music:** Lay Back In The Arms Of Someone by Smokie

- 1-2** Tap right toe to front & back (while tapping toe to back look over right shoulder)
- 3&4** Shuffle forward right, left right
- 5-6** Tap left toe to front & back (while tapping toe to back look over left shoulder)
- 7&8** Shuffle forward left, right left
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- 9-10** Step forward on right foot, pivot  $\frac{1}{2}$  turn over left shoulder
- 11&12** Shuffle forward right, left right
- 13-14** Step forward on left foot, pivot  $\frac{1}{2}$  turn over right shoulder
- 15&16** Shuffle forward left, right left
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- 17-18** Rock out to right side, recover weight on left
- 19&20** Step right across left, step left to side, cross step right over left
- 21-22** Rock out to left side, recover weight on right
- 23&24** Step left behind right, step right to side, cross left over right while doing a  $\frac{1}{4}$  turn over right shoulder on last step
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- 25-26** Step right to right side, step left behind right
- 27&28** Side close side to right
- 29-30** Cross rock left over right, recover weight on right foot
- 31&32** Side close side to left

**REPEAT**