

ALL OR NOTHING

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Diane Lee

Music: All Or Nothing by Athena Cage

STEP, ½ HITCH POINT; CROSS ROCK STEP LEFT, FULL UNWIND, STEP & CROSS, HEEL BOUNCE

- 1-2** Step forward on the right, hitch left making ½ turn over right shoulder, point left to left side
- 3&4** Cross rock left over right, recover right, step left to left side
- 5-6** Cross right over left, unwind full turn over left shoulder
- &7&8** Step right up to left, cross left over right, rise up on toes, replace (heel bounce)

SWITCH RIGHT, SWITCH LEFT, HITCH SLIDE ¼ RIGHT, HEEL SWITCH RIGHT & LEFT, DIG, HITCH POINT BEHIND

- 1&2** Point right toe to right, switch and point left to left
- &3-4** Hitch left knee, slide left make ¼ right, slide right ending touched to left
- 5&6** Heel switch right and left (traveling forward)
- &7&8** Bring left back next to right, heel dig right in front leaning back, hitch the right and toe dig behind

¼ RIGHT, CROSS ROCK RECOVER, HIPS LEFT, RIGHT, SLIDE LEFT, REVERSE PIVOT ½, CROSS LEFT POINT RIGHT

- 1-2&** Make ¼ right stepping right to right side, cross rock left over right, recover back on right
- 3&4** Step left to left side bumping hips left (3) right (&), large step left
- 5-6** Cross right behind left, ½ reverse pivot. Transfer weight right
- 7-8** Cross step left in front of right, point right toe to right side

WEAVE LEFT BEHIND SIDE FRONT, ¼ HITCH POINT LEFT, TOE TOUCH LEFT, HEEL SWITCH RIGHT & LEFT STEP RIGHT ½ PIVOT

- 1&2** Weave left - cross right behind, step left to left side cross right in front of left
- &3-4** Hitch left (&), ¼ right and point left to left side (3), touch left toe in front (4)
- &5&6** Step left next to right, touch right toe forward, switch touch left toe forward
- &7-8** Step left next to right, step forward right ½ pivot turn over left shoulder transfer weight left

Dance ends with a ½ turn and you'll start over with a step forward right ½ turn so be sure to transfer weight left as you end

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=65335