

# Freight Train Boogie

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**Count:** 33      **Wall:** 2      **Level:** —

**Choreographer:** Karen Hannaford , NZ - June 2015

**Music:** Freight Train Boogie – Willie Nelson

**This dance is for Ben who loves to spend hours standing by the train tracks videoing the freight trains.**

**Thanks Janet for the music!**

**Start after 16 counts**

**[1-8] TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK, SIDE, TOG, ¼, BACK, ½.**

- 1&2&**      Step R toe to right side, drop R heel, rock back on L, recover weight on R 12:00
- 3&4&**      Step L toe to left side, drop L heel, rock back on R, recover weight on L 12:00
- 5&6**      Step R to right side, step L tog, turn ¼ and step R fwd. 3:00
- 7,8**      Step back on L, turn ½ right and step fwd on R 9:00

**[9-16] L SHUFFLE FWD, FWD MAMBO, ¼ ROCK, BEHIND-SIDE-FWD**

- 1&2**      Step L fwd, step R next to left, Step L fwd 9:00
- 3&4**      Rock fwd on R, recover weight on L, step back R 9:00
- 5,6**      Turn ¼ left and rock L to side, recover weight on R 6:00
- 7&8**      Step L behind right, step R to side, step L fwd 6:00

**[17-25] R LOCK FWD, ½, ¼, CROSS SHUFFLE, SIDE, TOG, FWD**

- 1&2**      Step R fwd, lock L behind right, step R fwd 6:00
- 3,4**      Turn ½ right and step back on L, turn ¼ right and step R to side 3:00
- 5&6**      Cross L over right, step R to side, cross L over right 3:00
- 7,8,9**      Step R to side, step L beside right, step R fwd 3.00

**[26-33] ¼ LOCK BACK, ½ SHUFFLE, ½ PIVOT, FWD, TOUCH.**

- 1&2**      Turn ¼ right and step L back, lock R over left, step L back 6:00
- 3&4**      Turn ¼ right and step R to side, step L beside right, turn ¼ right and step R fwd 12:00
- 5,6**      Step L fwd, pivot ½ R taking weight on right 6:00

**7,8** Step L fwd, touch R beside left 6:00

**\*\*Please note that the timing is a little unusual as section 3 has 9 counts. The other sections all have 8 counts.**

**\*\*TIMING CHANGE**

**Walls 4 (starts facing 6:00) & 7 (starts facing 12:00)**

**Section 3 has 8 counts instead of 9. The steps will remain the same for the whole section, but the timing changes.**

**Dance counts 1 - 6 (of section 3) then**

**7,8,9 becomes 7&8 (still stepping side, tog, fwd)**

**This happens on wall 4 facing 3:00 and wall 7 facing 9:00.**

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**Last Update - 30th June 2015**