

# Blame It On My Heart

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Ria Vos - Oct 2016

**Music:** "Blame It On My Heart", Karmin, Album: Leo Rising

## Intro: 4 Counts

### S1: Step, Kick-Ball Change, Hitch, Point Back, ½ Turn R, Shuffle ½ Turn R

- 1 Step Fwd on L
- 2&3 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L
- 4 Hitch R Fwd
- 5-6 Point R Back, ½ Turn R Stepping weight on R
- 7&8 Shuffle ½ Turn R Stepping L-R-L

### S2: ¼ R, Point, Full Turn L, Hold, & Side Touch

**1-2¼ Turn R Step R to R Side, Point L to L Side**

**3-4¼ Turn L Step Fwd on L, ½ Turn L Step Back on R**

**5-6¼ Turn L Step L to L Side, Hold**

**&7-8 Step R Next to L, Step L to L Side, Touch R Next to L**

### S3: Point R, ¼ R Together, Side Rock-Cross, -Repeat

- 1-2 Point R to R Side, ¼ Turn R Step R Next to L
- 3&4 Rock L to L Side, Recover on R, Cross L Over R
- 5-6 Point R to R Side, ¼ Turn R Step R Next to L
- 7&8 Rock L to L Side, Recover on R, Cross L Over R

### S4: Side, Drag, Ball-Cross, Side Rock, & Fwd Rock, Step Back

- 1-2& Step R Long Step to R Side, Drag L Towards R, Step L Next to R
- 3 Cross R Over L
- 4-5& Rock L to L Side, Recover on R, Step L Next to R
- 6-7-8 Rock Fwd on R, Recover on L, Step Back on R

**S5: ½ Turn L Step Fwd, Kick/Sweep, Cross, Back, Side, Cross, Hold, Ball-Cross, Unwind  
5/8 Turn L**

**1-2&½ Turn L Step Fwd on L, Kick/Sweep R Fwd, Cross R Over L**

3-4 Step Back on L, Step R to R Side

5-6 Cross L Over R, Hold

&7-8 Step on Ball of R to R Side, Cross L Over R, Unwind 5/8 Turn R (weight R, facing 11:30)

**\*\*\*Restart Point**

**S6: Step, Lock, Lock Step, Rock Fwd, & Back with Touch, & Back with Touch**

1-2 Step Fwd on L, Lock R Behind L

3&4 Step Fwd on L, Lock R Behind, Step Fwd on L

5-6 Rock Fwd on R, Recover on L

&7 Step R Small Step Back to R Diagonal, Point L Slightly Fwd

&8 Step L Small Step Back to L Diagonal, Point R Slightly Fwd

**S7: Rock Back, ½ Turn L, Rock Back, ½ Turn R, Shuffle ½ Turn R**

1-2-3 Rock Back on R, Recover on L, ½ Turn L Step Back on R

4-5-6 Rock Back on L, Recover on R, ½ Turn R Step Back on L

7&8 Shuffle ½ Turn R Stepping R-L-R (facing 4:30)

**S8: 1/8 Turn R Side, Touch, Kick-Ball-Cross, Sway R-L-R, ¼ Turn L Hitch L**

**1-21/8 Turn L Step L to L Side, Touch R Next to L (6:00)**

3&4 Kick R Fwd, Step R Next to L, Cross L Over R

5-6 Step and Sway R to R Side, Sway L

7-8 Sway R, ¼ Turn L Hitch L (bend backwards slightly)

**Restart: On wall 2 After count 40: Turn 1/8 R to 3:00 and start again**

**Ending: Replace count 16 with R Touch Behind, Unwind ½ Turn R to end facing front**

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