

LIBERTY HIP HOP

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Count: 28

Wall: 4

Level: —

Choreographer: Charles R. S Bowring

Music: Forget Me Not by The Dean Brothers

HITCH HIKES

- &1 Right swivet, and back to center (moving right thumb like hitching a lift)
- &2 Right swivet, and back to center (moving right thumb like hitching a lift)
- &3 Left swivet, and back to center (moving left thumb like hitching a lift)
- &4 Left swivet, and back to center (moving left thumb like hitching a lift)

CROSS-ROCK, HOLD, CROSS-ROCK, HOLD

- 5 Rock right foot across in front of left
- 6 Hold
- 7 Rock left across in front of right (lifting right slightly)
- 8 Hold

RUNNING MAN

- & Slide left foot back, lifting right foot
- 9 Step right in place
- & Slide right foot back, lifting left foot
- 10 Step left in place
- & Slide left foot back, lifting right
- 11 Step right foot in place
- & Slide right foot back, lifting left
- 12 Step left in place
- & Hitch right

HITCH SLIDE, STEP, STOMP, STOMP

- 13-16 Slide right foot to right side
- 17 Step left foot in place
- & Step right foot in place

18 Step left foot in place

JUMPING JACKS

19 Jump both feet apart

20 Jump both feet together, crossing right foot over left

21 Jump both feet apart

& Jump both feet together, crossing left foot in front of right

22 Jump both feet apart, ending with weight on left foot

TURNING ELECTRIC JUMPS

23 Jump both feet together

& Jump both feet apart

24 Jump both feet together and turn 1/8 turn left

& Jump both feet apart

25 Jump both feet together and turn 1/8 turn left

& Jump both feet apart

26 Jump both feet together and turn 1/8 turn left

& Jump both feet apart

27 Jump both feet together and turn 1/8 turn left

& Jump both feet apart

28 Jump both feet together

REPEAT