

BABY IT'S SO SMOOTH

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Pam Dailey

Music: Smooth by Santana Featuring Rob Thomas

SIDE ROCK ¼ TURN, CROSS SHUFFLE, SIDE ROCK ½ TURN, CROSS SHUFFLE

- 1 Step to right on right
- 2 Transfer weight to left making a slight ¼ turn to left

Starting the dance facing the music this turn ¼ turn would be at 9:00

- 3&4 Cross right over left, step left, then step right, (right is still crossed over left)
- 5 Step out to left on left
- 6 Transfer weight to right making a ½ turn to right (3:00)
- 7&8 Cross left over right, step right, then left

ROCK STEP, LOCK STEP, ROCK STEP, LOCK STEP

- 1 At 45 degrees angle left (left corner of 3:00) rock forward on right
- 2 Recover back on left
- 3&4& Step right forward still at angle then slide left up behind, transfer weight to right toe, pivot to right (still 3:00 wall)
- 5 Rock forward on left
- 6 Recover on right
- 7&8 Step left forward, then right slide up behind, step on left

STEP ½ TURN LEFT, BASIC MAMBO, STEP BEHIND, LEFT COASTER

- 1 Step right forward (prepare for ½ turn left)
- 2 Turning ½ turn to left, shift weight to left foot, (9:00)
- 3&4 Step right, then left in place, step right
- 5 Step left to left
- 6 Cross right behind

7&8(Left coaster) step left back, then step back together, then forward on left

ROCK STEP BODY OR FORWARD HIP ROLL ½ TURN RIGHT WITH BASIC MAMBO

- 1 Rock forward on right
- 2 Recover on left
- 3-4 Forward hip or body roll (right foot forward, body angled slightly left)
- 5 Place right toe behind left
- 6 Make ½ turn to right (back facing 3:00 wall)
- 7&8 Step left to left, step right in place, then step left in place

REPEAT

This was choreographed in the traditional country style cha-cha. To dance it if you desire in Latin rhythm (4&5 and 8&1 accent):

In beginning add

- 1 Rock forward on left
- 2 Back on right
- 3 Step left

Then follow the sheet. 3&4 are now 4&5. Continue the dance to last two counts (7&8) will now be 7-8

- 7 Rock to left
- 8 Recover on right

Start over with rock forward on left and etc.